SEAYN 4th Sharing Webinar
SEA RCRC Youth Initiatives for COVID-19 prevention and response
Thursday 30 April 2020
Agenda

- SEAYN members Check-In and Welcome – 5 minutes
- Brunei Darussalam Red Crescent Society – 5/10 minutes
- Singapore Red Cross – 5/10 minutes
- Timor-Leste Red Cross (CVTL) – 5/10 minutes
- Updates on Youth and Volunteering – 5/10 minutes
- Q&A – 15 minutes
- Conclusions
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BDRCS Youth in action
In the media
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Singapore Red Cross COVID-19 Youth Activities
Project #AOK (Acts of Kindness)

- Social media campaign
- Youth members of SRCY (from both the uniformed group and the non-uniformed wing) are invited to add the ‘Project #AOK’ frame to their profile pictures on Facebook
- Invited to participate in the #AOK challenge online
AOK Bingo sheet (Instagram)

- RCY UG units are encouraged to complete the bingo sheet and the acts of kindness (to begin after June school holidays)
- Tag their classmates or their fellow RCY UG friends to do the same
- Possibility: distribution of prizes to schools complete *all* acts of kindness on the bingo sheet (not confirmed)
**Example:**

Project #AOK

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### Bingo

Find a friend, spread some kindness!

- **Make a handmade card to your teacher to thank them.**
- **Teach a friend to fold a paper heart, pass on the folded heart to a school staff.**
- **Do the TikTok dance with your friend to display social distancing.**
- **Hold the door open for your classmates.**
- **Free: come up with your own act of kindness.**
- **Help to maintain cleanliness in your classrooms, along the corridor.**
- **Do the dishes for your family after a meal at home.**
- **Send positivity to your fellow cadets from another RCY unit by sending them a video or a text message.**
- **Tell us something you’re grateful for the next 3 consecutive days.**

Tag 2 friends below, ask them to join in the fun!

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**#AOK Challenge: BINGO**

<table>
<thead>
<tr>
<th>Video Call Someone</th>
<th>Order a meal/gift online for someone</th>
<th>Do Tabata Workout</th>
<th>Declutter 10 items from your room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drink 8 glasses of water daily for a week</td>
<td>Give a bottle of hand sanitizer to the deliveryman</td>
<td>Wash the dishes after a meal</td>
<td>Wash all dishes after dinner</td>
</tr>
<tr>
<td>Meditate for 5 minutes</td>
<td>Loose hardened soil inotted plants</td>
<td>Loosen hardened soil inotted plants</td>
<td>Make your bed</td>
</tr>
<tr>
<td>Do/ update your bucket list</td>
<td>Live stream the northern lights</td>
<td>Send to us your drawings of love to the elderly*</td>
<td>Grow a plant</td>
</tr>
<tr>
<td>Play a game with someone</td>
<td>Live stream the northern lights</td>
<td>Send to us your drawings of love to the elderly*</td>
<td>Grow a plant</td>
</tr>
</tbody>
</table>

*AOK Challenge is created to help manage the emotions/well-being of everyone’s fathers and ourselves during this uncertain and stressful period.

Show us your support and love by providing us more AOK (Act of Kindness) and submit your drawing of love and story as a Blood Donor to [https://forms.gle/3VE9v9v9a93G9Br](https://forms.gle/3VE9v9v9a93G9Br).

Also, add Project AOK Facebook frame to your FB profile picture.
Disaster Risk Reduction (DRR) Efforts

• Youth members from the non-uniformed wing will distribute 300 care packs to DRR beneficiaries
• Currently on hold – aim to resume in June 2020
Red Cross Junior (RCJ)
Red Cross Junior (RCJ)

Juniors to sing and record “Stay safe and thank you to frontline heroes” song
• A one minute video – to be posted on SRC’s social media channels (to be completed by June 2020)

Juniors to write and/or draw a card for their family members to thank them for their support during the pandemic
• June 2020
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CRUZ VERMELHA DE TIMOR-LESTE (CVTL)

Covid -19
* Timor-Leste COVID-19 situation: cases detected in Dili Capital (322), Positive case (24) Recovery (6) Active cases (18); 19 people are in quarantine in Dili Capital; deaths (0).
* Timor-Leste Red Cross is a member of the National Integrated Operational management Center of COVID-19
* Timor-Leste RC sets up operation teams consisting of 24 nurses and 8 doctors and young volunteers in 13 municipalities
* Total 65 ps.
CVTL Taks Force NHQ

- Prepare Plan Contingency for Covid-19
- Briefing on the COVID-19 outbreak
- Provide practices for personal health guidance including social & physical distancing (disinfection and health promotion activities)
- Distribute PPE for volunteers (Luvas, Masker)
- Info how to use the PPE
- Train how to do safe and proper disinfection to Volunteers and FFDTL
- Protocols when volunteer has symptoms, get infected by COVID, or accident
- Provide referral for health services in case the symptoms arise or infected by COVID
- Prepare tend distributed to each quarantine that used for Security (Team Task force) PNTL,PM,FFDTL
▪ Clean and decontaminate the PPE
▪ Medical check after disinfection activity
▪ Maximum 2x doing disinfection in one day, with 1:30 minutes spraying time, in CVTL Office and also to FFDTL, Fatuhada, Policy Military (PM), Resident of Lere Anan Timor
▪ General Kitchen
▪ Prepare tend distributed to each quarantine that used for Security (Team Task force) PNTL, PM, FFDTL
▪ Provide Hygiene Material
▪ Socialization awareness Covid 19 to Communities 13 Branch
▪ Cooperated with relevant NGO and INGO for example in Aileu with plan, Covalima Oxfan,
Role of youth involved in Covid-19, NHQ and Branch Level

* Disinfectant
* Socialize Covid-19 Information to communities (media Social and loudspeaker)
* Distributed Poster and Brochure of Covid-19 prevention
* Prepare Report and Data base of Covid-19
* Prepare tend of emergency to support front line used
* Youth Volunteers Brief FFDTL Members how to used the Sprayer for disinfectant
Hygiene promotion, end for from line and National Integrated Operational management Center of COVID-19

Our CVTL President and Ministry of Health announce Cases of Covid 19 Information

Socialization information to communities for Covid 19
Team Task for
Health Promotion and tend for front line to quarantine people in quarantine
Disinfectant

OBRIGADU/ THANK YOU
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Youth Volunteers in action!
Taking Care of volunteers

- PRIOR:
  - Do you have a system in place to communicate quickly with local branches and volunteers? Has this system been tested?
  - Do you have a system in place to provide PSS during and after the operation, for staff and volunteers?
  - Are volunteer managers trained in and able to provide PFA to support volunteers in distress? Reference: [http://pscentre.org/](http://pscentre.org/)
  - Are self-care and violence prevention in the workplace available?
  - Are complaints and feedback mechanisms in place to protect staff, volunteers and the communities they serve? And are all volunteers made aware of these and how to use them?
Youth Volunteers in action!
Taking Care of volunteers

- **DURING:**
  - Are your staff and volunteers provided with appropriate **personal protection equipment** to do their tasks efficiently and safely? Have they been trained on how to correctly use it?
  - Do you ensure that staff and volunteers are given **rest and recovery** (rotation system)?
  - Are your staff and volunteers provided with appropriate **visibility items and identification material** recognised by authorities?
  - Do you have an **incident reporting system** and procedures to collect, record and report staff and volunteer incidents?
Youth Volunteers in action!
Taking Care of volunteers

- DURING and AFTER:
  - Have you assigned a **contact point**, in case volunteers become unwell during or after their volunteering service? Have you disseminated this contact point to volunteers?
  - Do you have **space for daily debriefing and learning** from staff and volunteers?
  - Do you give time for staff and volunteers to reflect on what happened, and a space to share challenges and request help or guidance or support?
  - Do you **thank and recognise** volunteers?
  - Do you ask for **evaluation and feedback from the volunteers**?
Youth Volunteers in action!
Taking Care of volunteers

- INSURANCE STATUS

The current IFRC Global Volunteer Insurance Scheme does not cover volunteers who may contract the Covid 19 infection while performing services, duties or work related to the Red Cross and Red Crescent

→ Fund for compensation in case of death

→ VOLUNTEER SOLIDARITY FUND

Model for solidarity fund at NS level, IFRC will assist in setting it up (technical assistance and start-up funding)
Let’s share, let’s learn, let’s inspire!

- Sokoni (National Society staff)
  https://volunteeringredcross.org/en/covid-19/

- Solferino Academy
  #ourcovidstory (volunteers)
  https://future-rcrc.com/ourcovidstory/

- Digital Volunteering opportunity (Ericson)
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Thank You!
FOR FURTHER INFORMATION ON SEAYN, PLEASE CONTACT:

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