During 26 February – 1 March 2019, Lao Red Cross conducted Emergency Medical Service training for its volunteers through simulation exercises to help them become ready for real emergencies.

Welcome to our February 2019 Southeast Asia news updates. In addition to these monthly updates we send to you every month, you could also find Southeast Asia Red Cross Red Crescent’s resources, tools, events and updates at Resilience Library at http://www.rcrc-resilience-southeastasia.org.
Thematic Updates from Southeast Asia

At Regional Level:

IFRC To Support Asia Pacific National Societies in Conducting Virtual Reality-Based Disaster Resilience Training

IFRC’s Asia Pacific Disaster Resilience Centre (APDRC) is calling for a proposal from the Asia Pacific National Societies to express their interest in conducting a virtual reality (VR)-based disaster resilience training for their staff and volunteers. Six selected National Societies will be supported by APDRC with VR tools and content to be used for the training. The VR training is an interactive simulation that gives people an immersive experience in responding to different types of emergency. Deadline for application submission is 15 March. Interested National Societies can send their proposals to adprc.park@redcross.or.kr.

Highlight Updates from National Societies

Cambodia

Preah Sihanouk Red Cross Branch Provide Primary Health Care Training to Volunteers

Twenty-five Red Cross Volunteers from Cambodian Red Cross Preah Sihanouk branch participated in the basic training course during 11-12 February 2019 conducted by the branch. The course was designed to integrate knowledge related to strengthening primary health care knowledge and skills to save people in the community, to secure the safety of other victims, and to participate in humanitarian activities. Source: Cambodian Red Cross Facebook page.
Indonesia

Indonesian Red Cross Continues To Provide Hygiene Promotion to Earthquake Survivors in Palu

Five months after the devastating earthquake and tsunami hit Palu in Indonesia’s Central Sulawesi, the Indonesian Red Cross (PMI) continues to provide its support to survivors of the double disaster. In addition to the debris that remains in the area months after the disaster, there is also increasing amount of garbage produced by the community which can be sources for variety of diseases. Therefore, PMI is providing hygiene promotion, particularly, to school students to raise their awareness from the early age about how to maintain good hygiene and how to manage waste. Click here to read the full story by PMI.

Lao PDR

Lao Red Cross Conducts Emergency Medical Service for Volunteers in Luang Prabang

Lao Red Cross Luang Prabang provincial branch conducted a four-day training on Emergency Medical Service for its 31 volunteers (eight females) during 26 February – 1 March 2019. The training included both theory and practice components, the later of which was done through simulation exercises where the volunteers were given hands-on experience on how to help people who are drowning and/or involved in traffic accidents.

Philippines

Philippine Red Cross Carries Out Measles Control Program To Counter Outbreak

The Philippine Red Cross (PRC) launched its Community-based Measles Control Program on 16 February to counter the spread of measles in young children across the country. During the intervention, PRC also serves hot meals to participating parents and children. In some provinces, a Measles Care Unit, were also set up to assist congested hospitals. As of 24 February, PRC has vaccinated 6,039 children, served hot meals to 7,255 individuals, and provided psychosocial support to 332 people. Source: PRC Facebook page.
Singapore

Singapore Red Cross Gives Health Services, First Aid Training to Foreign Domestic Workers

As part of its newly-inked partnership with the Centre for Domestic Employees, the Singapore Red Cross (SRC) provided Community Health on Wheels, where volunteers gave free health checks, physiotherapy services, psychosocial support and health counselling to foreign domestic workers. SRC Academy also provided first aid training to enhance their emergency preparedness.

Under the Last-Mile Assistance Support initiative, SRC recently supported an injured domestic worker on her repatriation to Lombok, Indonesia. SRC worked closely with the Indonesian Red Cross to accompany the worker home.

Singapore Red Cross Visits Schools To Give Talks on Emergency Preparedness

Over 70 years ago in 1942, Singapore fell to the Japanese. The country marks Total Defence Day annually on 15 February as a reminder to strengthen its resolve to keep Singapore safe, secure, and sovereign. As part of the commemoration, the Singapore Red Cross delivered skits, talks and roadshows in schools around Singapore, on the importance of being prepared for emergencies.

Thailand

Elderlies, People With Disabilities in Remote Areas Receive Health Services Through Thai Red Cross Mobile Clinic

The Thai Red Cross Society launched its mobile health services through the use of its ambulance, supported by IFRC, in 2018 with its first visit to Chiang Mai, one of the target provinces in northern Thailand. The mobile clinic is expected to support communities which have limited access and unable to afford basic health services. The one-day visit offers health consultation, basic treatment, provision of medical supplies (e.g. facemasks) and basic medicines. The communities will also be given health and hygiene promotion such as handwash technique and basic healthcare knowledge such as how to make electrolyte water to prevent dehydration after diarrhea. The villagers also learned about how to prevent the spread of dengue and influenza. Click here to read the beneficiary’s story.
Viet Nam

Viet Nam Red Cross in Da Nang Offers Emergency First Aid Training to Preschool Teachers

The Viet Nam Red Cross Society conducted an emergency first aid training for preschool teachers in Da Nang City. The training aimed to equip the teachers with knowledge and skills on first aid to ready them for cases of injuries or accidents that happen in schools, as well as to build a pool of volunteers in the community. With the funding from the People’s Committee of Da Nang City, a total of 4,462 preschool teachers are expected to be trained under the program. Source: Viet Nam Red Cross Facebook Page.

Photo credit: Viet Nam Red Cross Society

New Publications

Protection, Gender and Inclusion Training Catalogue

The International Federation of Red Cross and Red Crescent Societies (IFRC) offers a variety of training programmes that aim to raise awareness and enhance knowledge and skills among staff and volunteers on protection, gender and inclusion. The overall training objective is to provide practical methods for systematic incorporation of dignity, access, participation and safety (DAPS) in all programmes, services and tools. This enables IFRC and National Societies to reach those most at risk effectively and in a non-discriminatory and equitable manner. All training programmes can be adapted to different knowledge levels of participants and the local context. Read more about available trainings on Protection, Gender and Inclusion Training Catalogue. Click here to download.
Seasonal Forecast

February - April 2019

For the interactive map from IFRC IRI, click here

The SST forecast shows weak El Nino conditions (>0.5°C and <1.0°C for the Nino3.4 SST index) from Feb-Apr through Apr-Jun, becoming warm-neutral for May-Jul. Much of the extratropical North Atlantic and North Pacific SSTs, as well as the SSTs in much of the tropical and southern subtropical Indian Ocean and part of the high latitude south Pacific, are predicted to be above-average during most of the four forecast seasons. Below-average SST is predicted in the very high latitudes in the vicinity of Greenland for Feb-Apr and Mar-May, and south of South America for all four forecast seasons. A positive Indian Ocean Dipole is predicted weakly for Mar-May and more strongly for Apr-Jun and May-Jul. Above-average SST is predicted for the north and south tropical Atlantic mainly for Feb-Apr and Mar-May, and weakly off the equator for Apr-Jun and May-Jul. If you would like further guidance on how to interpret this forecast, please contact the IFRC Helpdesk at ifrc@iri.columbia.edu The seasonal forecast below reflects the best available information of likely shifts in rainfall in the coming 3 months. This seasonal forecast should be closely monitored in conjunction with short-term, local forecasts from your national meteorological agency, which can provide more detailed information on what extreme events might happen during this season.
# Upcoming Events

## Upcoming events for March – April 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>March</td>
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<tr>
<td>6-11</td>
<td>PGI in Emergencies Training and post-distribution assessment for Emergency Appeal operation</td>
<td>Vientiane &amp; Attapeu, Lao PDR</td>
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<tr>
<td>13-15</td>
<td>Asia Pacific Cooperation Meeting</td>
<td>Kuala Lumpur, Malaysia</td>
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<tr>
<td>14-20</td>
<td>YEC training for LRC Youth</td>
<td>Xiengkhaung, Lao PDR</td>
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<td>22</td>
<td>Regional Network Meeting Focus: Trafficking in Disaster and Crisis Settings</td>
<td>Bangkok, Thailand</td>
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<tr>
<td>23-28</td>
<td>YSS training for LRC Youth</td>
<td>Xiengkhaung, Lao PDR</td>
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<tr>
<td>27-29</td>
<td>UNESCAP’s Asia Pacific Forum on Sustainable Development</td>
<td>Bangkok, Thailand</td>
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<tr>
<td>TBC</td>
<td>Indonesian Red Cross Partnership Meeting</td>
<td>Jakarta, Indonesia</td>
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<td>April</td>
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<tr>
<td>2-4</td>
<td>3rd ASEAN Regional Conference on School Safety</td>
<td>Bangkok, Thailand</td>
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<tr>
<td>10-12</td>
<td>RDRT Training of Trainers</td>
<td>Kuala Lumpur, Malaysia</td>
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