



Draft as of 12.09.2023

2nd Southeast Asia RCRC Youth Forum

Phnom Penh, 17th – 20th September 2023

Title: Agenda for 2nd SEA RCRC Youth Forum 2023, in Phnom Penh, Cambodia

What: 4 days for Youth Forum for RCRC Youth Delegates + 2 days for SEA RCRC Leaders Meeting

Participants:

- 24 Participants from RCRC SEA Countries (1 SEAYN member, 1 youth staff and 1 youth leader from each of the 10 National Society, and 10 from the CRC with gender balance) to support SEA Youth forum;
- To engage youth participation in the Youth Forum, 10 CRC youth are selected and trained as Liaison Officers for youth and leaders delegation;
- In Climate Change action and to promote green environment, **Tree Planting Event** is organized in the morning of day 4 at The Kirirom National Park (around 100 KM West of Phnom Penh)
- To deepen the understanding of IHL, a visit to the Toul Sleng Genocide Museum is organized in the afternoon of day 4;

Facilitators:

1. **Mr. Nattorn Sornvai**, SEA Youth and Volunteer Senior Officer, IFRC;
2. **Mr. Jay-Ar Gallos**, National Youth Council President, Philippine Red Cross, 1st SEA Youth Forum alumni;
3. **Mr. Pum Phearat**, Cambodian Red Cross officer, 2023 YABC ToPE, Cambodia;
4. **Ms. Esther Elizabeth**, Brunei Red Crescent, 1st SEA Youth Forum alumni;
5. **Ms. Aye Thiri Aung**, Myanmar Red Cross, 1st SEA Youth Forum alumni.

Where: Sokha Phnom Penh Hotel and Residence, Cambodia.

Date: 17th to 20th September 2023 (4 Days) for the 2nd SEA RCRC Youth Forum;
21st to 22nd September 2023 for the 20th SEA RCRC Leaders Meeting.

Background

Youth is the backbone of a country. They play pivotal roles for sustainable national development, peace, unity, solidarity, and prosperity. Education, hand-on working experiences, continued capacity building, and leadership in their respective positions are key for youths' participation in sustainable and inclusive socio-economic development. Having considered the essential roles of youth, the 2nd SEA RCRC Youth Forum aims to achieve the following objectives:

1. To provide opportunities for youths to receive trainings and hand-on experiences in leadership and effective communication including, but not limited to, public speaking, project pitching, negotiation and persuasion, and team management.
2. To engage in the discussion in identifying current challenges for the SEA RCRC Movement and the root causes by revisiting 2022 Youth Statement, SWOT, 5why, and problem tree, based on different themes including Education, Health Care, Disasters and Climate Change, First Aid, Road Safety, School Safety, and **Humanitarian Innovation**.
3. To propose possible solutions to the 2023 SEA RCRC challenges.

Internal

4. To identify and highlight the roles of youths in contributing to the future of Red Cross Red Crescent / **Humanitarian Innovation**.
5. To put knowledge and skills into practices through the development of the joint statement to be presented in the Dialogue Sessions of the 20th SEA RCRC Leaders Meeting and the 2nd SEA RCRC Youth Forum on theme: **Youth contribution for the future of RCRC/ Humanitarian Innovation**;
6. To have hand-on experiences in Climate Change action (tree plantation) at the Cambodia Buddhist Cultural Centre located in Kirirom National Park, and a visit to Tuol Sleng Genocide Museum to learn about the atrocity of Khmer Rouge and unfortunate history in Cambodia (April 1975 to 7 January 1979) and the efforts for national reconciliation and rehabilitation, which has brought Cambodia to the current state of peace and development.

Expected Outputs

By the end of this forum, the following outputs are expected:

1. 3days training and one day field tree planting/Humanitarian field trip and hand-on experiences are provided to SEA RCRC Youths.
2. A list of current challenges for the SEA RCRC Movement are identified based on different themes highlighted in the objectives.
3. Solutions and Prototypes to address the 2023 SEA RCRC challenges are proposed;
4. Social media contents for each thematic theme to be used for each National Society are created and widely shared;
5. Key roles of youths in contributing to the future of Red Cross Red Crescent Movement/ Humanitarian Innovation are identified;
6. 2nd SEA RCRC Youth Forum Joint Statement and Commitment (reflect and adapt from Bandar Seri Begawan Youth Forum Statement) with concrete follow up plan for each National Society is developed and to be presented at the 20th SEA RCRC Leaders Meeting;
7. Hand-on experiences in Climate Change action and the Cambodia's unfortunate history of the Khmer Rouge genocide are provided to youths (reflection sharing/ presentation from the participants);
8. Round Table discussion between Youth Delegates and SEA RCRC Leaders on the topic: **"Youth contribution for the future of Red Cross Red Crescent Movement / Humanitarian Innovation"** is organized.

Expected Outcomes:

1. Capacity of youths in leadership and effective communication including public speaking, project pitching, negotiation and persuasion, and team management is built.
2. The pivotal roles of youths are promoted more widely to multi-stakeholders and the public via social media contents.
3. Improved youths' engagement in the discussions on their contributions to Red Cross Red Crescent Movement/Humanitarian Innovation through the development of joint statement, identification of challenges and proposed solutions, and their roles.
4. Better understanding and more active participation in Climate Change action and environmental protection.

Day 0, Saturday 16th September 2023: Arrival of Delegates

Time	Session Name	Session Objectives	Activities
Morning Evening		Welcome all youth delegates	1. Protocol team - At hotel: Mdm Som SEREYWATH, Director of HRD - At Airport: Mr. Khun SAMENG, Dept. director of HRD 2. Liaison Officers (L.O) - Brunei RC: Ms. Koeurn KAKADA - PMI: Ms. Nop MONYRAKSMEY - Lao RC: Mr. Loek KONG - Malaysian RC: Ms. Hak PHICHSEAN - Myanmar RC: Ms. Gak LEAKHNA - Philippine RC: Mr. Non PANHA - Singapore RC: Som SREYNEAT - Thai RC: Ms. Hout THEDA - CVTL: Mr. Bale RATANAK - Vietnam RC: Mr. Kun CHONBOMEY 3. Transportation from and to airport-hotel is arranged; 4. Check-in at the hotel 5. Forum materials/participants ID card with QR code are provided at the registration desk
	Free time	N/A	

Day 1, Sunday 17th September 2023: Leadership Communication Skills

Time	Session Name	Session Objectives	Activities
07:30 – 08:00	Registration	N/A	1. Registration 2. Pre-workshop evaluation
08:00 – 09:00	Opening Ceremony	Opening Ceremony by CRC/ IFRC	1. CRC Youth Song “Cambodia Pride” 2. Video of welcome Remark by Ms. Kathryn Clarkson , IFRC 3. Opening Remark by H.E Pit CHAMNAN , Member of CRC Central Committee 4. Group Photos
09:00 – 10:15	Introduction	Introduction, Forum objectives and agenda, Ground rules.	1. Security Briefing by CRC and Hotel 2. Welcome all participants 3. Facilitators introduce themselves (Name, Function, Delegation) 4. Ice-breaking exercise 5. Group introduction + Expectation 6. Forum Objectives + Agenda for each day
10:15 – 10:30	COFFEE/TEA BREAK		

10:30 – 12:00	Basic Communication	Explain and identify the definition of good communication skills for leaders	<ol style="list-style-type: none"> 1. Define “Communication”, What are the component of effective communication, Self-Evaluation on each communication component. 2. Practice Basic of Communication, Verbal & Non-verbal communication, Selecting Messages. 3. Practice Basic Public Speaking skills, Power post, stage fright
12:00 – 13:00	Buffet LUNCH at the Sokha hotel		
13:00 – 14:30	Pitching Skills	Practice Pitching skills and Persuasive communication	<ol style="list-style-type: none"> 1. Define the use case of Pitching, What? Why? How? 2. Practice pitching skills, Elevator Pitching, how to organize your message in the most convincing ways.
14:30 – 14:45	COFFEE/TEA BREAK		
14:45 – 17:00	Online Communication	Identify tips and tricks for online/social media communication	<ol style="list-style-type: none"> 1. Identify Tips and Tricks for creating a viral content on each social media platform. 2. Create your own viral content 3. Brainstorm ideas for RCRC online content.
17:00 – 17:30	Media Communication	Present key learnings/ update from each day to the media.	<ol style="list-style-type: none"> 1. Interview with the Media (Volunteer/appointed) 2. Create a media to be shared on social media
17:30	END OF DAY 1		
18:30 – 20:30	Welcome dinner (buffets) hosted by CRC at the Mekong View residence and hotel		
Day 2, Monday 18th September 2023: Define problems + Ideation			
Time	Session Name	Session Objectives	Activities
08:00 – 09:00	Recap	Recap day 1, Energizer	<ol style="list-style-type: none"> 1. Welcome note 2. Morning Stretch, ask one of the participants to lead a morning stretch 3. Morning energizer
09:00 – 12:00 (Including coffee/tea break)	RCRC Challenges	Identify Current RCRC Challenges	<ol style="list-style-type: none"> 1. Re-visiting Youth statement 2022, what did we commit? What were the result and updates? 2. Discovering the Journey of RCRC Movement from Past, Present, Future. Identifying the trends and what can be expected in the next 10 years. 3. Break into Thematic themes that aligned with SEA Leaders Meeting 4. Conduct a SWOT Analysis. Branding for RCRC Movement. 5. Define problems: Brainstorm all the potential problems in each thematic theme. 6. 5whys: Analyzing the root cause of the problems

12:00 – 13:00	Buffet LUNCH at the Sokha hotel		
13:00 – 14:30	Brainstorm for solutions	Brainstorm for solutions	<ol style="list-style-type: none"> 1. Ideation workshop: getting creative with solution, hear some innovative ideas from all around the world. 2. Brainstorming for solutions, what message do you want to call out for?
14:30 – 14:45	COFFEE/TEA BREAK		
14:45 – 17:00	Develop a prototype	Develop a prototype for each solution	<ol style="list-style-type: none"> 1. Developing a prototype to be presented to the SEA Leaders.
17:00 – 17:30	Media Communication	Present key learnings/ update from each day to the media.	<ol style="list-style-type: none"> 1. Interview with the Media (volunteer/appointed) 2. Create a media to be shared on social media
17:30	END OF DAY 2		
18:00 – 21:00	SIGHTSEEING + Dinner for international youths is arranged		

Day 3, Tuesday 19th September 2023: Youth Delegates contribution (Creating a solution)

Time	Session Name	Objectives	Activities
08:00 – 09:00	Recap	Revise content from Day 1+2	Recap day 1+2, Energizer
09:00 – 09:45	Develop a prototype (Continue)	Develop a prototype for each solution	Developing a prototype to be presented to the SEA Leaders.
09:45 – 10:00	COFFEE/TEA BREAK		
10:00 – 12:00	Present prototype + Feedback	Receive feedback from other participants and re modify the prototype	<p>Each team present their prototype and provide feedback</p> <p>Make any adjustment to the prototype</p>
12:00 – 13:00	Buffet LUNCH at the Sokha hotel		
13:00 – 14:30	Preparation for SEA Leaders Meeting	Preparation for SEA Leaders Meeting Presentation	Prepare for SEA Leaders Meeting Presentation + Prepare a joint statement to be presented during the SEA Leaders Meeting
14:30 – 14:45	COFFEE/TEA BREAK		
14:45 – 17:00	Wrap up Conclusion	Summarize key learnings	Learning reflection, wrap-up youth forum, Next steps
17:00	END OF DAY 3		
18:00-20:00	Dinner for international youths is arranged		

Day 4, Wednesday 20th September 2023: Field Component & learning from the field (Humanitarian Field Trip)

Time	Session Name	Session Objectives	Activities
05:30	Trip to Cambodia Buddhist Cultural Centre in Kirirom		<ol style="list-style-type: none"> 1. Travel by bus (spent about one and half hour from Phnom Penh to Kampong Speu) 2. Packed breakfast provided by hotel restaurant

8:00	Trees planting event under the patronage of Samdech Kittipritthbindit Bun Rany HUNSEN CRC President	Climate Change action on 2 HA land (2,000 trees)	1. Trees planting activity by 500 people including -High Ranking Personalities of the Royal Government, -Representatives from 25 branch committees, Red Cross youth, etc.
11:00 – 13:00	LUNCH at the Tree Planting site		
13:00 – 15:00	Trip to Tuol Sleng Genocide Museum	N/A	N/A
15:00 – 17:00	Visit to Tuol Sleng Genocide Museum		Key reflections for humanitarian action “What did you learn from visiting Tuol Sleng Genocide Museum? As a youth, how can we contribute to peace building and promoting humanitarian value? IHL + 2 Additional Protocols
17:00 – 18:00	TRAVEL BACK TO HOTEL		
18:00 - 20:00	Dinner for international youths is arranged		

Day 5+6, 21st – 22nd September 2023: Attending the 20th SEA RCRC Leaders Meeting. Please see the 20th SEA RCRC Leaders Meeting agenda;

1 hour: Youth presenting the youth solutions and findings from the 2nd SEA RCRC Youth forum

1 hour: Round Table Discussion on “Youth contribution for the future of Red Cross Red Crescent Movement/ Humanitarian Innovation”, under the chairmanship of **Samdech Kittipritthbindit Bun Rany HUN SEN**, CRC President.

Key points for discussion:

1. What are the current trends for volunteering with the young generation?
2. What can youth contribute to the RCRC Movement?
3. What support do youth need from the Senior Leaders? How do we make that happen?
4. How can youth contribute to recruiting other youth in the NS?