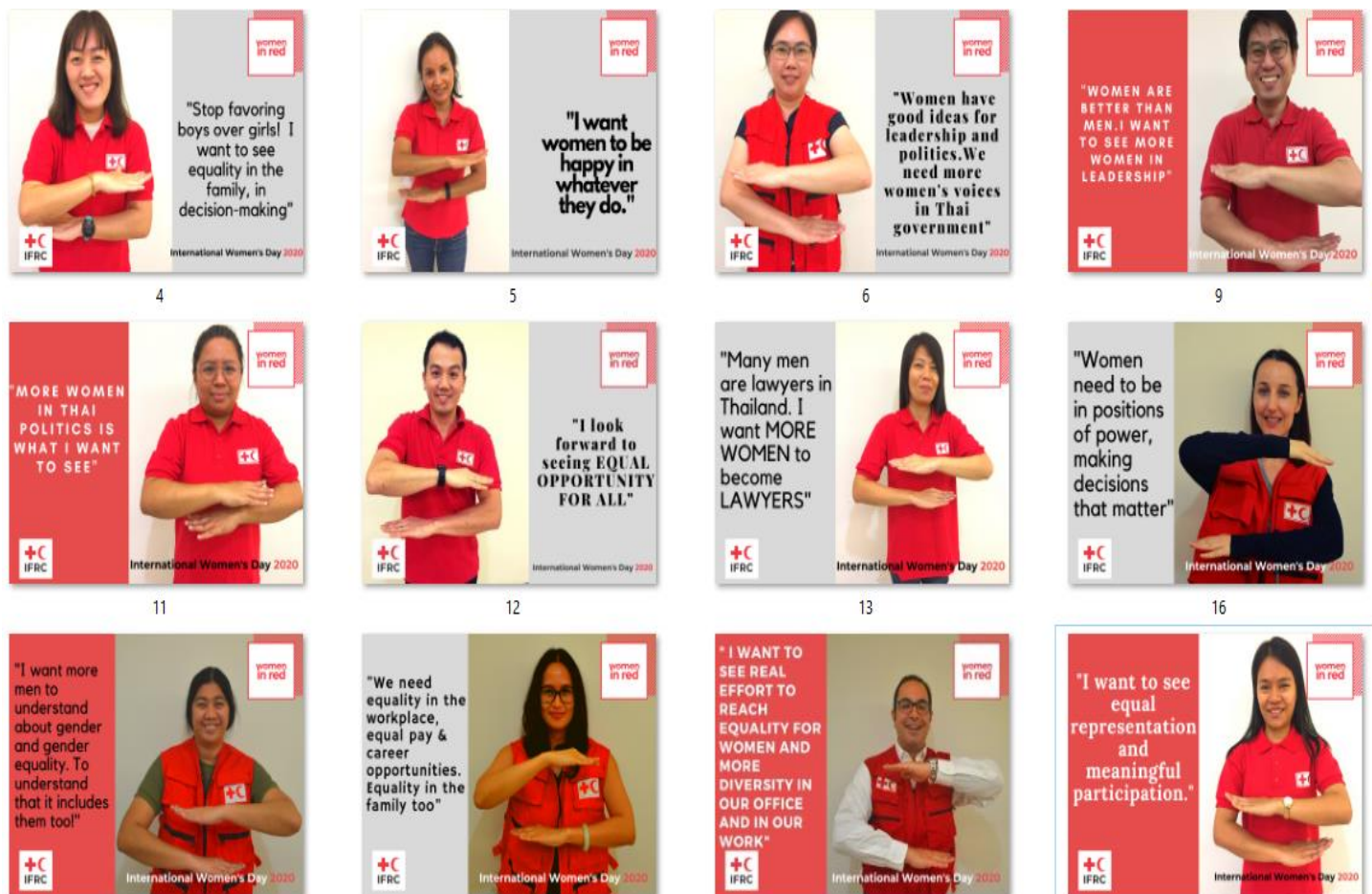


REGIONAL COMMUNITY SAFETY AND RESILIENCE FORUM

Monthly Updates – **March 2020**



Reflections from members of IFRC's CCST Bangkok office on **International Women's Day 2020**.
#WomeninRed #EachforEqual . You can find more reflections [here](#).

Welcome to our newsletter providing updates of Southeast Asia for the months of March 2020. All photos used in this publication are from the respective Red Cross Red Crescent National Society or IFRC unless mentioned otherwise. In addition to these monthly updates we send every month, you can also find Southeast Asia Red Cross Red Crescent's resources, tools, events and updates at the Resilience Library at <http://www.rcrc-resilience-southeastasia.org>.

Updates from National Societies

Myanmar

Observation of International Women's Day 2020

To mark the International Women's Day (8 March), the Myanmar Red Cross Society (MRCS) and IFRC Myanmar country office organized a panel discussion on 10th March 2020 in Yangon. The theme of the event was "Women's leadership, empowerment, and participation." In the hour long panel discussion, three inspiring women leaders at MRCS, including Dr Daw Amaya Maw Naing, Vice President of MRCS; Daw San San Maw, Director of MRCS Disaster Management Department; Daw Ni Ni Moe, MRCS Emergency Ambulance Manager, as well as U Myat Min Naing, a male MRCS staff and the Deputy Director of First Aid & Safety Services department shared their stories of working as women and working with women in the RCRC Movement. They shared that MRCS does have many women leaders (Executive Committee level as well as Director level) as well as women working in non-traditional sectors. Their problem-solving ability, creativity, and professionalism have been recognized by many, including male leaders and staff. However, they still struggle with stereotypes at work and have to juggle housework and childcare duties, even while responding to emergencies. There is a long way to go for achieving full equality.



Multi-pronged approach to fighting COVID-19

MRCS in coordination with the Ministry of Health and Sports (MoHS), has mobilized over 2000 Red Cross Volunteers (RCVs) throughout the country to conduct Risk Communications and Community engagement (RCCE), screening and surveillance, psychosocial support, handwashing campaign, and disinfection in several areas to prevent the spread of COVID-19. As of 24th March, 210,000 people were reached. MRCS conducted two trainings of trainers (ToT) on Epidemic Control for Volunteers (ECV) in Naypyitaw and Yangon, for 60 RCVs from all over the country, followed by numerous multiplier trainings at the community-level by them. MRCS has also been sharing key messages through social media and their "Corona Go Away" song performed by volunteers has received a lot of interest online.





Lao PDR

ຂໍ້ແນະນຳໃນການຈັດການກັບຄວາມຄຽດ ຊ່ວງມື້ການແພ່ລະບາດຂອງພະຍາດ ໂຄວິດ-19

ເມື່ອສູ້ສຶກ ເຫງົາ ເຮັດ ຄວາມ ສັບສົນ ລົດລົດ ປາກຄ້າຍ ປານກົ່ວ ໃນຊ່ວງຕົວຈິງ, ການມື້ມັກເຫງົາໄຫລວ່າສິ່ງບໍ່ດີເຫຼືອ ແລະ ຄວບຄຸມ ຊຶ່ງມີບາງຄັ້ງທີ່ບໍ່ໄວວາກໍ່ ແລະ ແລະ ມາກຊ່ວຍຊ່ວຍ ດ້ວຍ ຂໍ້ມື ມື້ມັກເຫງົາກ່າວໄດ້

ຈຶ່ງວ່າວຽກທີ່ບໍ່ແມ່ນຄວາມຈິງ ຈຶ່ງຕົກມາສູ່ມູນຈາກເຫຼົ່າທີ່ຊ່ວຍຊີວິດ ເຊັ່ນ: ກະສັດສາທາລະນະສຸກ ແລະ ອົງການອື່ນໆໄວ້

ສູງແລະຄວາມປະສານສົມທົບທີ່ອາດຈະເຮັດໃຫ້ມີຄວາມເລື່ອກັບກັນຊຶ່ງ ຄູ່ສູ້ມັກສະບາຍຈົນ

ຈຶ່ງກໍ່ໃຫ້ມີປະສິດທິພາບທີ່ເກີດໃຊ້ຊ່ວຍເຫຼືອໃຫ້ຄົນອື່ນກັບຄວາມຄຽດຊ່ວຍເຫຼືອ ໃນຊ່ວງລະບາດອາຍຸພະຍາດ ໂຄວິດ-19

ເລວກຳລັງ ຄວາມຮັກສາສູງສະພາບ, ການອາໄສທີ່ມີປະໂຫຍດ, ນອນຢູ່ໃນທີ່ແຫຼ່ງສະຫງົບ, ອອກກຳລັງກາຍຢູ່ເຮືອ ແລະ ໃຫ້ມື້ມັກເຫງົາເຫຼືອ ແລະ ຄວບຄຸມ

ບໍ່ດ່ວນເປັນຕົ້ນ, ສູນຢາ ຈຶ່ງໃຊ້ປະໂຫຍດທີ່ເກີດຈາກຄວາມຄຽດຊ່ວຍຊ່ວຍທີ່ສູນສືບສັນກັບປະໂຫຍດຈາກຄວາມຄຽດກາຍ ກໍ່ຈຶ່ງໃຊ້ແລະຄວາມກັບກັນທີ່ເກີດຈາກຢາສານ ຈຶ່ງ ບໍ່ແລະແລ້ວ



ສາທາລະນະລາຍ
ສາທາລະນະລາຍ
ສາທາລະນະລາຍ



IFRC

3 ເສັ້ນທາງໃນການປ້ອງກັນຕົນເອງ ແລະ ຄົນທີ່ທ່ານຮັກ

1. ການຊອກຮູ້ລ່າງລູນ



ຈຶ່ງວະວັງຮູ້ເພີ່ມທ່ານໄດ້ຍິນກ່າວ
ກັບພະຍາດ ໂຄ້ດໂຄ້ດ
ອາດຈະແມ່ນຄວາມຈິງ.



ຈຶ່ງປິດຕາເພີ່ມຈາກແຫຼ່ງຂ່າວ
ທີ່ເຮືອຕີໄດ້ ເຊັ່ນ:
ກະຊວງສາທາລະນະສຸກ
ແລະ ອົງການອື່ນໆໃນໂລກ

2. ການປະຕິບັດຕົວຈິງ



ມັງກໍ່ໃຊ້ສະບູ ຍຸກຕົງຫຼັງຈົນ ຫຼື
ລ້າງຕົວຮ້ອນອາດຈະ ແລະ ຫຼັກ
ມັງກຸກກັບປະສານປັດຕິເສດເອງ



ຫຼັກມັງກຸກກັບຈັບມື ແລະ ຍຸ້ງປັກ
ໃຫ້ຄິດຕາວິທີໃໝ່ ໃນການ
ຢັ້ງຢືນກັບຄົນທີ່ທ່ານຮັກ



ແລະຈື່ ຫຼື ຈາກ ດວງມືດປາກ
ແລະ ດັງ ຍຸກຕົງ (ໃຊ້ຈັບອະນາໄມ
ຫຼື ສອກຂອງທ່ານເອງ)



ຖ້າຈຶ່ງມັງກັບໄດ້ ຫຼື ໄອ
ຕ້ອງແບ່ງວັດເອງຈາກ
ອື່ນ ເພື່ອປິດຕາອອກຈາກ

3. ມີຄວາມຈຳເປັນຕ້ອງຊ່ວຍເຫຼືອອື່ນ

ລົມ ແລະ ປົກສາທາດລື ເຮືອງຕ່າງ ກັບຊຸດໃຫຍ່ໃນຄອບຄົວ, ສູນເຊື່ອມ ແລະ ຄົນອື່ນອ້າງ.
ຄວາມສ່ວງມັງກຸກກັບພວກເຂົາ ແລະ ພວກເຂົາອາດຈະສືບສັນ ແລະ ກ່ຽວ.



ກວດວັດເຮືອງຕ່າງໃຊ້ປະ
ຈຳບັນຄົນວັດ ຕ້ອງກຸກ
ຮັກກັບເພີ່ມຕື່ມ



ຈຶ່ງເປັນ ຫຼັກມັງຈາກ
ສະຖານທີ່ສາທາລະນະຕ່າງ



ກວດວັດເຮືອງຕ່າງມີປະຈຳ
ບັນຄົນ ວັດຕ້ອງກຸກ
ເພີ່ມຄືກັນ

3

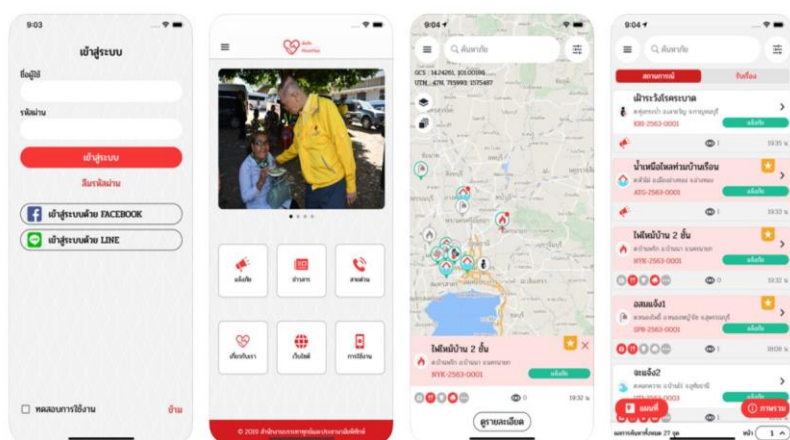
Singapore

Thirty-seven Singapore Red Cross Youth (RCY) - Chapter Members from 10 RCY schools took to the streets to acknowledge the services of front line staff during COVID-19 outbreak, as part of Project Courage: AOK! They personally wrapped roses and wrote encouraging messages to the silent heroes - front line service staff; from the hawker cleaners, bus captains, train employees, taxi drivers, customer service officers of a mall, security guards at a medical center and community healthcare and service officers.



Thailand

'Phonphai' App for COVID-19: Delivering assistance to all corners of Thailand



The Thai Red Cross Society (TRCS) is using "Phonphai" - a mobile application that enables users to provide assistance to people at risk of contracting COVID-19. This disaster management tool was originally developed as part of another project funded by [USAID/OFDA](#) and is now being used by all 76 Provincial Chapters and 13 Health Stations of TRCS across the country. The app helps locate people who are quarantined and cannot go out to buy food or other necessary items and need assistance. The user can pin the location of the person requiring assistance and fill up a simple form. Alternatively, when village health volunteers conduct home visits for people in quarantine, they assess their needs and input the details in the Phonphai app. The request is verified and processed by the local RC chapter. Once the processing is completed, [special relief kits](#) for COVID-19 are delivered by Makro (a supermarket chain in Thailand) to the destination province within 24 hours (except for the three southernmost provinces which require 48 hours). By the end of March 2020, more than 30,000 relief kits for COVID-19 were requested and processed from 23 provinces using the Phonphai app.

Urgent Need for Blood Donations



Due to stringent screening requirements for blood donors during the ongoing Corona virus (COVID-19) outbreak, blood donations have declined while demand for blood is still high. The Thai Red Cross says its National Blood Centre is now receiving an average of 1,500 to 1,700 units a day, down from 2,000 to 2,500 a day and the blood centre is only able to meet about 60% of the current demand. This shortage means that some patients are having their surgery postponed due to lack of blood. Children suffering from thalassemia and haemophilia are particularly at risk, as their survival depends on regular blood transfusions. The Blood Centre is urging all eligible and healthy donors to [donate blood](#). Potential donors are requested to self-screen themselves for COVID-19 related restrictions before donating their blood.

Viet Nam



By 31st March 2020, Viet Nam had 204 confirmed cases of COVID-19. Viet Nam Red Cross (VNRC) is a member of the National Steering Committee on COVID-19 disease prevention and control, chaired by the Deputy Prime Minister. An emergency relief project for CHF 108,000 earmarked from IFRC's global appeal, is being used for immediate response and prevention measures such as, procurement of soaps, masks, development of IEC materials and awareness campaigns on various channels like television, social media and public places. The project supports preparedness measures and training of VNRC staff and volunteers as well. It also includes contingency and business continuity planning to help VNRC to carry on providing lifesaving services as the outbreak evolves.

Feature Story – Philippine Red Cross

To respond to the threat of COVID-19 in the Philippines, the Philippine Red Cross has developed a framework of four strategic pillars for response:

Pillar 1: Surveillance

COVID-19 hotline 1158

Living up to its tagline as the lifeline of the people, the Philippine Red Cross (PRC) has set up a hotline to assist persons with concerns about the coronavirus disease 2019 or COVID-19. People with questions about the dreaded disease can dial PRC's COVID-19 hotline 1158. Since its inception, the hotline has attended more than 140 calls, mostly were queries about COVID-19 symptoms and when to seek treatment or hospitalization.

Pillar 2: Support to Healthcare Systems and Authorities

Medical tents with welfare desks

To augment the bed capacity of public referral hospitals, the Philippine Red Cross has set up medical tents in Philippine General Hospital, National Kidney Transplant Institute and Lung Center of the Philippines. A tent has also been set up in Quezon Institute to serve as a quarantine or isolation facility. The tents come with air-conditioning unit to ensure comfort of patients and attending medical personnel.



Pillar 3: Community Action

Hot meals on wheels



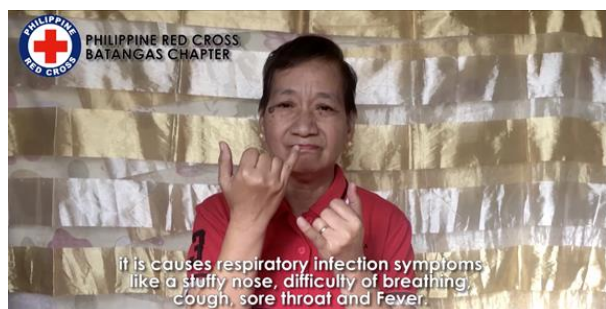
The Philippine Red Cross is using its mobile kitchen to deliver hot meals to people most affected by the implementation of the enhanced community quarantine, including the homeless. In partnership with private donors, the Red Cross has provided nutritious meals to homeless people that are disproportionately affected by the crisis.

Access to handwashing facility

Advocating the value of proper handwashing is a way to fight COVID-19. For knowledge to turn into action, the Philippine Red Cross has deployed handwashing stations in areas without adequate access to water. The drums were converted and attached to it are taps to provide running water. The drums are also informatively painted to nudge and inform people, especially children, to make proper handwashing a habit.



Information for everyone



Information is crucial in the campaign against COVID-19. To ensure the no one is left behind without access to information, the Philippine Red Cross has translated its messages using sign language. This way, persons with disability (PWD) are included and empowered to prevent and protect themselves against the dreaded disease.

Pillar 4: Business Continuity

Though in the midst of a pandemic, the Philippine Red Cross ensures continuity of its other services and operations by incorporating and strictly adhering to COVID-19 prevention policies. This is possible through close coordination and working with the government agencies particularly the local government units in the implementation of projects in already vulnerable areas affected by natural disasters and health emergencies that happened prior to COVID-19.

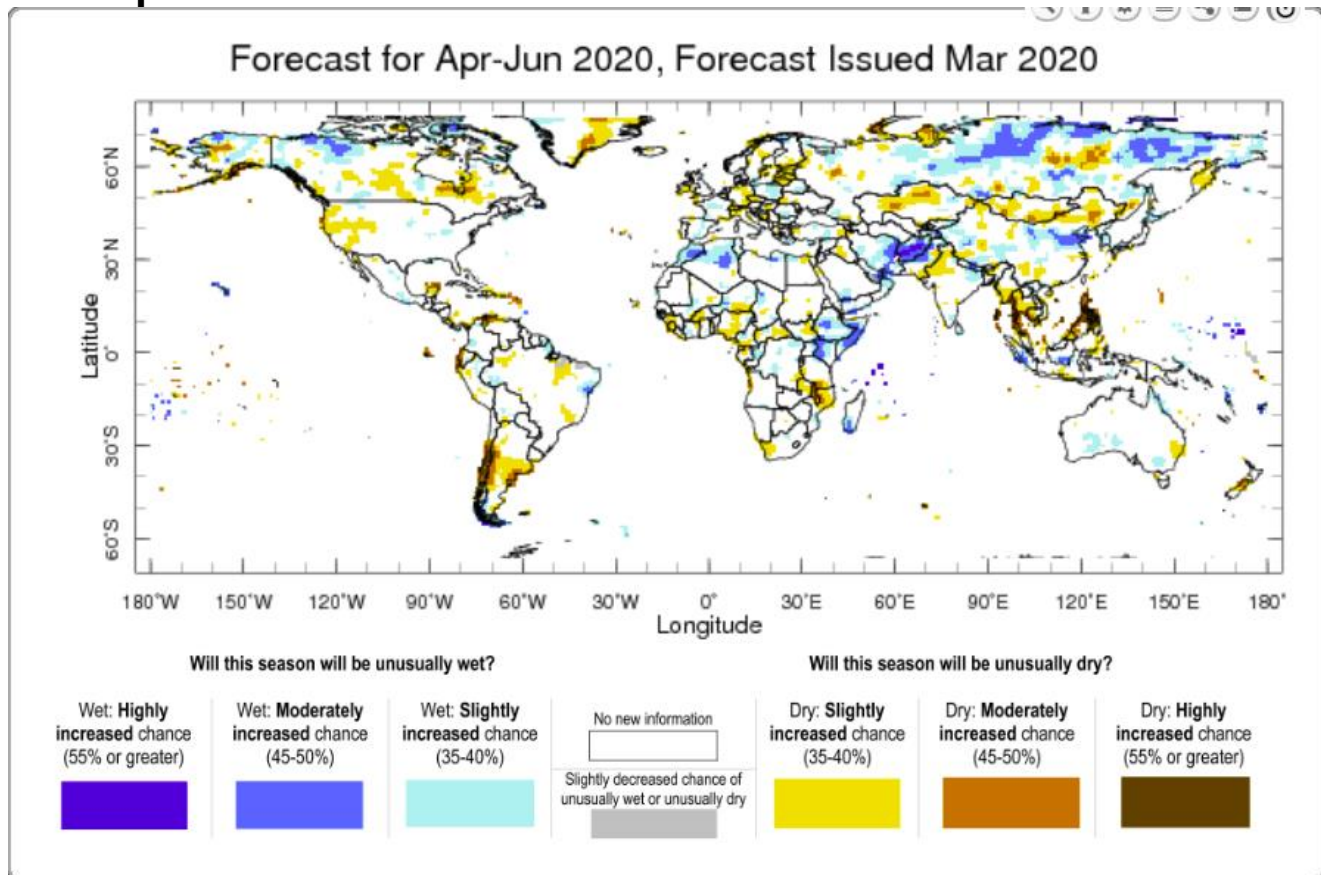


Upcoming Events

Most events have been cancelled or postponed indefinitely due to the Corona Virus Pandemic.

Seasonal Forecast

April to June 2020



For the interactive map from IFRC IRI, click [here](#)

Meteorological agency in the respective Southeast Asian countries:

[Brunei Darussalam](#) | [Cambodia](#) | [Indonesia](#) | [Laos](#) | [Malaysia](#) | [Myanmar](#) | [Philippines](#) | [Singapore](#) | [Thailand](#) | [Timor-Leste](#) | [Vietnam](#)