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YOUTH EMPOWERMENT IN COMMUNITY ACTION PROGRAMME REPORT



1. Introduction



ASEAN is a region with 370 million youth which covers 60% of population: 620 million. It has 11 Southeast Asia Red Cross and Red Crescent societies in 11 countries such as Brunei, Cambodia, Lao, Indonesia, Malaysia, Myanmar, Philippines, Singapore, Thailand, Vietnam and Timor Leste with 4.6 million youth and 1 million volunteers.

Youth Empowerment in Community (YEC) Programme Guide Pilot version was designed for a purpose of youth empowerment at communities to deeply address the issues of communities and inspire their positive change through youth innovative solutions by enhancing the knowledge, practicing in the field and gaining fresh perspective about the community challenges in a more peaceful and resilient way.

The programme has four steps; Step 1; Trainings on youth such as Youth as Agents of Behavioural Change (YABC), Step 2; Field school and Practice in the field, Step 3; Community/School Actions, Step 4; Monitoring, peer learning and expansion.

It has a participant-centred, experiential learning approach which leads to creative platforms. It supports youth to discuss the social issues by addressing/identifying specific gaps/issues and their root causes in their existing knowledge and practice, giving all possible solutions to such issues by their own, through sharing their personal experiences and to demonstrate in communities/schools through a creative platform; theatre, dance, music, arts and sports activities. In a second phase, Children and youths collect the feedback from the community/school and reflect together to make a 'from their heart to their mind' changing journey to become responsible members of community challenges.

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The 5th meeting was held from September 7-8 in Manila, Philippines hosted by the Philippine Red Cross (PRC), SEAYN Chair with the part of funding support from the CSR unit (under the RRI), IFRC CCST Bangkok. It was followed by the Youth Empowerment in Community Action (YEC) programme from September 4-6 2017, the second Youth-led module in the region. The YEC programme was held in the attendance of 21 youths (12 NS youth and 9 PRC youth) facilitated by PRC YABC Peer educators and Lao RC youth facilitator. Please find the agenda and participants list as below

2. Objectives

- To deeply address the issues of communities and inspire their positive change through YEC module-youth innovative solutions.
Indicators; number of people from one community in Philippines enhanced the knowledge and gained fresh perspective about the community challenges in a more peaceful and resilient way
- SEAYN and PRC Youth jointly design, plan and implement YEC and become facilitators for YEC for future youth programmes in each NSs.
- To train YEC Facilitators for the expansion of YEC programme at their national and regional level
Indicators; 3 PRC youth and Youth facilitators from 11 countries become National Facilitators on YEC and implement YEC in communities and educational centres. NSs can incorporate the YEC module into their existing or new programmes including peer to peer support to other countries.

3. Implementation

➤ **Step1: Preparation of Facilitators**

Two PRC YABC Peer Educators and one Lao YABC Peer educator was selected as facilitators. Three facilitators selected a tool from YABC toolkit based on the assessment of Philippine Community which is a common issue; “violence” and practiced according to the agenda.

*Since the time is limited and the host is the PRC, the programme relied on the PRC assessment in the selected community without any special assessment from the participants.



➤ **Step 2: Field school and practice in the field**

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Day 1; The YEC programme started targeting 11 SEAYN youth leaders and 10 Philippines RC youths. In total 21 youth joined the programme. Three YABC peer educators from PRC and Lao facilitated the programme under the technical support of IFRC Bangkok office. The opening remark was made by Ryan Jopia, Youth Director of PRC and the welcoming and introduction on programme were carried out. Additionally, all NS youth leaders shared their specific

youth activities during the introduction session.

Day 2; The YEC started with a small energizer and continued the YABC activity with the theme of non-violent communication. All SEAYN members and PRC participants discussed about the theme of violence. They divided into two groups and started developing the theater drama with two scenarios; school violence and family violence against children. Convening the forum, they discussed the issues of violence, root causes and solutions by developing the scenarios; Two dramas "I am the One" and "Again" were developed which depicted the school bullying and family violence. Facilitators have reviewed the group's practice and all participants engaged fully including a preparation for logistical arrangement (stationaries, transportation, snacks, dress code, practicalities).



➤ Step 3: Community/School Action

Day 3; All participants went to the San Juan elementary school for the community action with the theme of violence. Around 70 community people attended the activity. The YEC participants demonstrated two theater dramas and musical performance and inspired a positive change for the community. One lady mentioned that "i have an experience of my child bullied by his classmates. violence is not an option and if we witness the situation in future, we need to take measure immediately. " and one young participant said " i will become a father soon and i learnt child violence is not acceptable and i wont drink for my child" and one middle aged woman said" in family we need to practice a friendly communication rather than violent words to harmonize

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the family and couple". Most of the community people inspired by the performance have committed to change their mindset and attitude.

➤ Step 4: Reporting and Peer learning, Evaluation

Facilitators developed their respective reports and participants made evaluation on the programme. <https://www.facebook.com/groups/seayn/>

4. Benefit of toolkit and its Improvement (from evaluation)

Best things of Programme;

- Enthusiasm, a positive encouragement and excellent teamwork
- Objective was clear and knowledge was enhanced
- Everybody shared their personal experiences and complimented to the drama contents.
- New methodology and New materials
- Personal skills identified by the team and improved
- Facilitators joined the programme together to support and mentor each other.
- Roles and Acting in other's shoes was a challenge but very effective to change by oneself.
- Facilitators were supportive in adding ideas, helping the team.
- Meeting new people in communities
- YABC approach to trigger the issue by showing some activities through experiential learning was a best approach for participants to think about the issue deeply
- By using the Art, it can influence the community people in a more effective way.

Improvement of Programme;

- Participants are not professional on the drama development and some participants feel shy.
- Time constraint for the practice and the poor logistics at the community performance (some participants arrived late and it delayed the programme)
- Some participants felt uncomfortable for sharing their personal experiences
- Training session would be more in depth in contents, target audience should be diversified, assessment should be made jointly rather than the PRC itself, lack of freedom for participants to choose the theme since the theme was already set for the Philippine context.



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- Some facilitators were not clear on the subject and couldn't give clear examples to the participants
- Language barrier between participants, more break needed. A lot of uncertainty more technical expertise be mobilized.
- Better to know the target audience and background information
- Participants were not actively engaged into the practice, not satisfied
- Food service was not halal for Muslim participants

5. Impact and Outcome (from evaluation)

- This programme helped participants to change the attitude about the issue and develop diversified viewpoint on the problems and solutions through the drama development
- The audience reflected after the drama in the question and answering session and they mentioned clearly what they will do if this happened to them and those answers showed the result/outcome of the programme how much it made their change.
- 80% of participants volunteered they want to continue the programme in their respective community and NSs.

6. Recommendation (from evaluation)

- This programme specially may require more skills how to address the issue, root causes and solutions and develop the theatre drama. YABC peer educators who ever joined the training can be potential facilitators since the tool relies on non-cognitive methodology of YABC. However the coaching process is required.
- Coaching process by the trainers is a must thing cause the trainers only can add more necessary elements to those youth initiatives in a better quality since this is truly youth-designed programme.

This can be one programme for sustainable youth empowerment and development by taking up ethical leadership role in community action and IFRC needs to continue to support the YEC in the SEA NSs.

7. Contact information

For further information, please contact IFRC:

Kumju Ho, Youth and volunteering officer

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YEC Programme Agenda

	Time	Contents	In charge
Sep 4	4:00-5:00	Opening	Novey
		Introduction of National Society	Elcy
Sept 5	8:30-8:40	Energizer	Elcy
	8:45-9:45	YABC Activity (or Assessment presentation):	Khamla, Novey, Elcy
	9:45-10:00	Sharing personal experiences relating with activities and Select the best (2) stories with votes	Khamla, Novey, Elcy
	10:00-10:30	Tea break	
	10:30-12:00	Division, Drafting the scenarios for the 2 stories Character division, Practice of songs Select MC	YABC Youth and Core group youth
	12:00-13:00	Lunch break	
	13:00-15:00	Practice and action	YABC Youth and Core group youth
	16:00-18:30	Review and debriefing (preparation of items)	Trainer/ Facilitator

September 6

Time	Contents	In charge
8:30-12:30	Preparation and Practice (banner, loudspeakers...) MC preparation Final review	Core group
12:30-13:30	Lunch break	
14:00- 17:00 (2-3 hours)	<u>Community Event Programme</u> A. Opening, Welcoming guests (15min) B. Introduction of National Society (20mins) C. One Drama (15mins), Musical show (10mins) and Audience Feedback(15min) = (40mins) <i>(if 2 and 3 dramas, it will be around 80-120mins)</i> D. Closing (10min) and snack break	MC NS Focal person/volunteer Core group
17:00-17:30	Debriefing, Evaluation and Planning meeting with core group	Trainer and Core Group
17:30-18:30	Return home	//

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Participant List for YEC Programme

No.	Organization	Name	Sex	Position	Email
1	Brunei Darussalam Red Crescent Society	Ms. Asliza Haji Ali	F	Director of Youth, OD & International Relations	asliza.ali@bruneiredcrecent.com
2	Cambodian Red Cross	Mr. Roeut Sokhon	M	RCY & Volunteer Coordinator	rcysokhon64@gmail.com
3	Indonesian Red Cross (PMI)	Ms. Verawati Sanjoyo	F	Youth Red Cross Leader, Central Jawa Chapter	
4	Lao Red Cross	Mr Khamla Phomphakdee	M	Red Cross Youth & Volunteer Management Officer/ Restoring Family Links Officer	khamla_ppd@hotmail.com
5	Malaysian Red Crescent Society	Mr. Lai Wai Keat	M	Youth Volunteer Leader	waikeat@redcrescent.org.my
6	Myanmar Red Cross Society	Ms. Myat Thiri Soe	F	Assistant Youth Officer	myatthiriso95@gmail.com
7	Singapore Red Cross	Ms. Mathilda Ho	F	Youth Volunteer	mathildaho@gmail.com
8	Singapore Red Cross	Ms. Siti Nur Atiqah Bte	F	Executive, Singapore Red Cross Youth	atiqah.aminudin@redcross.sg
9	Thai Red Cross Society	Mr. Tachtawan Keskanda	F	Youth Instructor	tachtawan.k@redcross.or.th
10	Timor-Leste Red Cross (CVTL)	Mr. Vicente da Silva Antonio	M	Deputy of Youth	vicenteantonio_cvtl@redcross.tl
11	Vietnam Red Cross	Ms. Vu Thi Phuong	F	Youth Director	yphuong73@gmail.com
12	Philippines Red Cross	Mr. Novey Robert S. Dolde	M	President, National Youth Council & CHAIR, SEAYN	noveydolde@redcross.org.ph
13	Singapore Red Cross	Ms. Siti Nur Atiqah Bte	F	Executive, Singapore Red Cross Youth	atiqah.aminudin@redcross.sg
14	Philippine Red Cross	Mr. Novey Robert S.	M	President, National Youth Council	noveydolde@redcross.org.ph
15	Philippine Red Cross	Ms. Elcy Kieth Debildos	F	Youth Engagement Officer	elcykieth.debildos@redcross.org.ph
16	Philippine Red Cross	Lulubelle Nora	F	Technical Officer, Red Cross Youth	lulubelle.nora@redcross.org.ph
17	Philippine Red Cross	Ms. Jasmine Abad Sison	F	Chapter Youth Council Officer	
18	Philippine Red Cross	Mr. Ralph Rolly Maliwat	M	President, Chapter Youth Council	
19	Philippine Red Cross	Mr. Kevin Crispino	M	Chapter Service Representative, RCY	
20	Philippine Red Cross	Mr. Ruben Claravall	M	Chapter Service Representative, RCY	
21	Philippine Red Cross	Mr. Marl Arlord Gaudia	M	Treasure, National Youth Council	