

List of diseases, actions and community messages

Epidemic control for volunteers (ECV) toolkit

Disease tools	Action tools	Community message tools
<ol style="list-style-type: none"> 1. Acute watery diarrhoea 2. Cholera 3. Bloody diarrhoea 4. Polio 5. Yellow fever 6. Meningitis 7. Measles 8. Malaria 9. Dengue fever 10. Respiratory infections 11. Ebola 12. Marburg 13. Rift valley fever 14. Avian influenza 15. Pandemic influenza 16. Hepatitis A 17. Hand, foot and mouth disease (HFMD) 	<ol style="list-style-type: none"> 1. Assessment of dehydration 2. Preparing oral rehydration solution (ORS) 3. Giving oral rehydration solution 4. Managing fever 5. Preparing disinfectants 6. Cholera kit 7. Breastfeeding 8. Clean water 9. Sanitation 10. Building latrines 11. Hygiene promotion 12. Handwashing with soap 13. Handwashing in epidemics 14. Routine vaccinations 15. Mass vaccination campaigns and social mobilisation 16. Clean food 17. Vitamin A supplementation 18. Vector control 19. Mosquito nets 20. Volunteer protection 21. Personal protection equipment (PPE) 22. Handling dead bodies 23. Isolating sick people 24. Building an incinerator 25. Waste disposal and clean-up campaigns 26. Social distancing 27. Respiratory etiquette 28. Shelter and ventilation 	<ol style="list-style-type: none"> 1. Children with diarrhoea need rehydration, give them ORS! 2. To manage fever – cool the body down and drink lots of fluids 3. Breastfeeding is nutritious and can prevent diseases! 4. Dirty water can cause sickness, keep your water clean! 5. Always use clean and protected water sources ! 6. Clean and proper toilets are good for health and prevent diseases ! 7. Good sanitation keeps away disease. Use latrines, dispose of rubbish and get rid of standing water ! 8. Washing hands with soap stops disease ! 9. Wash your hands after going to the toilet, and before and after eating ! 10. Washing your hands properly during an epidemic can help stop the spread of germs ! 11. Keep your community clean ! This will help prevent germs from spreading ! 12. Keep food clean = stay healthy ! 13. Personal hygiene keeps germs away ! Be sure to bathe often . 14. Vaccinations for polio can protect your children from the disease. 15. It is important to keep your vaccinations up-to-date. Use a vaccination card to help you remember ! 16. Vaccination campaigns help prevent disease and epidemics in the community. It is important to attend them. 17. Sleeping under a mosquito net is one of the best ways to protect against malaria and other diseases spread by mosquitoes. 18. Cough into a handkerchief or your sleeve so that you do not spread germs to others. 19. Burying dead bodies can be a hazard. Always ask for professional help and advice.

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	<ul style="list-style-type: none"> 29. Health promotion 30. Surveillance and reporting 31. Community mapping 32. Communicating with the community 33. Referral to health facilities 34. Psychological first aid 35. Handling and slaughtering animals 	<ul style="list-style-type: none"> 20. Waste around houses and in the community can attract flies and insects that carry germs. It can also contaminate water. Make sure to dispose of waste properly. 21. One of the best ways to prevent the spread of influenza is keeping a safe distance from those who have the infection. 22. Good ventilation can keep diseases that are spread by coughing and sneezing from others in your home. Open windows to let fresh air in. 23. Teach others how to take care of themselves and to maintain healthy practices. This will help to avoid the spread of diseases and epidemics. 24. Sometimes people cannot be treated at home by volunteers or family. They need to go to the nearest health clinic or hospital to get the help they need. 25. Animals can carry germs that spread disease. Always be careful when handling or slaughtering them and never touch sick or dead animals without protection.