

12 Marburg

Transmission

- Touching a sick person or any of his/her bodily fluids (stools, blood, saliva, urine, etc.)
- Very infectious and transmits easily
- Can also be transmitted through the handling of dead bodies

Symptoms

- Starts with fever, headache, back pain, muscle pain, nausea, vomiting and diarrhoea
- Usually followed by a rash and bleeding under the skin and from the nose and gums, blood with a cough and in the stools
- A very severe disease that kills 23 to 70% of sick people very fast

Prevention

- ➔ Marburg is very infectious but can be prevented
- ➔ There is no vaccine to prevent Marburg
- ➔ Use of protective clothing, gloves and masks
- ➔ Health promotion

- ➔ Isolation of patients
- ➔ Safe disposal of waste
- ➔ Disinfection of reusable supplies and surrounding environment
- ➔ Social distancing of sick people
- ➔ Safe funeral practices and burial of dead bodies

Vulnerable people

- Everyone in the community is vulnerable to Marburg
- Patients' relatives, health workers, volunteers and people who handle dead bodies are especially vulnerable

In case of epidemic

- ➔ Use of protective clothing, gloves and masks
- ➔ Health promotion
- ➔ Isolation of patients
- ➔ Safe disposal of waste

- ➔ Disinfection of reusable supplies and surrounding environment
- ➔ Social distancing of sick people
- ➔ Safe funeral practices and burial of dead bodies

Volunteer actions

See the following **action tools** for more information on what actions to take against Marburg.

31	29	32	23	30	20	21	22	5	24	25	33
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Community-based assessment questions

Make a map of the community and mark the information you gather on the map.

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| <ul style="list-style-type: none">• When did the epidemic start?• How many people live in the affected community?• How many children under 5 years of age live in the affected community?• What are the health authorities doing in the epidemic?• Who and where are the vulnerable people? | <ul style="list-style-type: none">• How many people have died from Marburg and where?• How many people have fallen sick with Marburg and where?• Are there any health services?• What are the burial procedures and practices in the community?• Is there a health promotion programme in place? |
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