**Home visit facilitation guide for diarrhoea[[1]](#footnote-1) prevention and oral rehydration solution (ORS) promotion**

***Target Group:-*** Mothers or carers of children up to 5 years of age

Use the checklist for home visits for diarrhoea prevention and ORS promotion. As soon as you reach the household, introduce yourself and explain purpose of your visit to the member of the household and ask the mother or father or elderly carer to give you some time.

***Introduction and purpose*:** Hello! My name is \_\_\_\_\_\_\_\_\_\_\_\_ and I am a Red Cross/Red Crescent volunteer. I am visiting your household to talk about prevention of diarrhoea and use of oral rehydration solution.

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| **Sl. No** | **Facilitative questions** | **Response & action** |
|  | Do you know about diarrhoea? | Yes/No, if no, tell about diarrhoea |
|  | What will you do if your child suffered from diarrhoea? | **Listen carefully** |
|  | What are the causes of diarrhoea? | **Listen carefully** and clarify the causes of diarrhoea, if needed. |
|  | Do you know how you can prevent diarrhoea? | **Listen carefully** and a**dvise** on hand washing before eating and after defecation, proper disposal of stools, use of safe and clean water for drinking and cooking |
|  | Do you know where you can get an ORS sachet from? | Yes/No, **Tell about** the ORS sachet and source |
|  | Do you know how to make ORS at home? | Yes/No, **Tell how** to make ORS at home |
|  | Once ORS is ready, how will you give ORS to the child? | **Listen carefully** and explain the correct amount of ORS to be given to children according to age. |
|  | What other things can you give to the child, if he/she has diarrhoea? | **Listen carefully** and advise abouttheother liquids which can be given in absence of ORS |
|  | What food (solid/liquid) will you give to a child with diarrhoea? | **Listen carefully** and a**dvise to g**ive more than usual quantity of solid/liquid during and after diarrhoea. Advise lactating mothers to continue breastfeeding. |
|  | Inform them about Red Cross/Red Crescent activities implemented in the community. | **Suggest** that they participate in Red Cross/Red Crescent activities and thank them for spending time with you |

**Thanks**

1. Use local terms [↑](#footnote-ref-1)