
INTRODUCITON PAPER:

**COMMUNITY BASED HEALTH AND
FIRST AID (CBHFA) VIOLENCE
PREVENTION (VP) MODULE**

IFRC &
THE CANADIAN RED CROSS SOCIETY

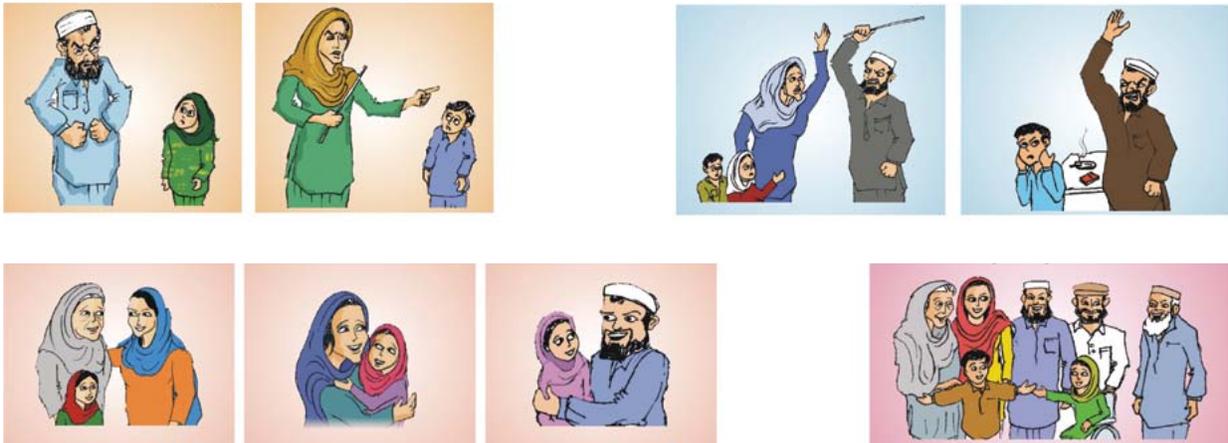
WHAT IS THE VP CBHFA MODULE

The VP module is part of the IFRC CBHFA approach which aims to empower communities and volunteers to take charge of their health. The tools in the VP module will help National Societies adapt, implement, monitor and evaluate activities to prevent interpersonal violence as part of their CBHFA programming.

HOW IS VIOLENCE DEFINED IN THIS CONTEXT

The IFRC defines violence as: the use of force or power, either as an action or omission in any setting, threatened, perceived or actual against oneself, another person, a group, a community that either results in or has a high likelihood of resulting in death, physical injury, psychological or emotional harm, mal-development or deprivation.

The CBHFA VP module is specific to interpersonal violence which occurs when one person uses his or her power, in any setting, to cause harm physically, sexually or psychologically to another person or group of people. Interpersonal violence encompasses child abuse, family violence, gender-based violence, bullying and harassment, elder abuse, and community violence such as gang violence.



PAKISTAN

WHY WAS THIS MODULE DEVELOPED

Interpersonal violence is a catastrophic global public health problem. The consequences of violence are harmful and staggering for individuals, families and whole societies.

A VP module was developed on the basis of:

- The lack of existing tools to provide CBHFA agents with the necessary VP knowledge and key messages to address the topic in the communities their work with.
- The need to educate CBHFA agents on their responsibilities as volunteers or staff to create safe environments for beneficiaries.
- The suitability that the wide-ranges of CBHFA issues (MNCH, HIV/AIDS, Excessive substance use) provide to deliver VP messages during CBHFA sessions.
- The VP topic in CBHFA was piloted in 2012; based on that experience the decision was made to develop a full scale module.
- VP had been identified in CBHFA community need assessment exercises as a need communities felt important to address to improve health.



HAITI

CONSEQUENCES OF VIOLENCE

CONSEQUENCE	EXAMPLES OF EVIDENCE
Mortality	<p>Violence in its various forms is among the most prominent causes of mortality in the world – higher than TB or road accidents or malaria.ⁱ</p> <p>Each day 1,500 die from interpersonal violence; more than 90 per cent of them in low and middle income countries.ⁱⁱ</p> <p>The World Bank estimates that in industrialized countries, sexual assault and domestic violence take away almost one in five healthy years of life for women aged 15-44.ⁱⁱⁱ</p>
Injury, Disease, Trauma & Addiction	<p>Each year, 16 million cases of injury, due to violence, are severe enough to receive medical attention in hospitals.^{iv}</p> <p>The damaging effects of violence on health include physical consequences such as brain injuries, bruises and scalds, chronic pain, irritable bowel syndrome, infertility, pregnancy-related complications, unsafe abortions, pelvic inflammatory disorders, HIV and other STDs, unwanted pregnancies, cancer, heart disease, and chronic lung disease.^v</p> <p>The United Nations reports the impact of child abuse on health includes higher risks for: cancer, lung disease, heart disease, bowel problems, liver disease, and reproductive health problems.^{vi}</p>



KENYA

HOW THIS MODULE IS IMPLEMENTED

The VP module uses the same framework as other CBHFA modules. It is implemented in a cascading training of trainers model.

GEOGRAPHIC LEVEL	PARTICIPANTS	TRAINING DESCRIPTION	TOOLS	ALIGNMENT W/ CBHFA TOOLS
National	Master Trainers	2 day training	In development; ready November 2013	CBHFA Facilitator Guide Vol. 2
Branch	Volunteer Facilitators	2 day Volunteer Facilitator	Facilitator training module: Curriculum Agenda Power-point	CBHFA Facilitator Guide Vol. 2
Local	Community Volunteers Local Committee	1 day or less Community Volunteer Training	Volunteer VP training module: Curriculum, agenda power-point	CBHFA Volunteer Manual Community tools
Community	Households	3 hours: 5 lesson cards (4 cards 30 minutes each, one card 1 hour) The five community tools can be complemented by community activities defined by the community	A package of five lesson cards to be used by volunteers	Community Tools

WHAT TOOLS ARE AVAILABLE TO IMPLEMENT THE MODULE

TRAINING:

A master trainer curriculum will be developed by November 2013. At present, there are training tools to deliver a two day Volunteer Facilitator training and one day Community Volunteer training. These tools include training curriculum, agenda and power points – the training covers the definitions of violence, how to refer people for help, how to implement the VP module, and how to support communities to find practical solutions to violence. There are also five lessons card templates that can be used for delivery to households and communities. The community tools cover the following topics:

- 1 Everyone deserves to be safe from violence: physical, sexual, emotional and neglect
- 2 Hitting other people is harmful and unnecessary
- 3 Sexual violence is cruel and degrading
- 4 Crushing a person's self-esteem is damaging and unhealthy
- 5 Violence can be prevented, helping resources and laws exist

Included across the lessons are gender-based issues, the role of bystanders and people who inflict violence, the risk of violence in disasters, and discussions and ideas for practical action among individuals, families and communities to prevent and respond to violence.

MONITORING AND EVALUATION:

Five violence prevention specific questions were included in the CBHFA Evaluating Tool (PMER) 3.3 Survey Guide; and outcome indicators were included in the CBHFA Planning Tool (PMER) 1.4 Indicator Guide.

CASE STUDIES:

A case study on the implementation of the VP module in Haiti is available.

IMPLEMENTATION GUIDELINES:

New implementation guidelines to help National Societies adapt, implement, monitor and evaluate the VP module will be drafted by November 2013 and finalized in 2014.

ONLINE LEARNING MODULE:

An online module will be developed in 2014/15 to help orient National Societies to the VP module and to provide an overview of the implementation guidelines.

WHAT ARE THE NEXT STEPS TO FINALIZE THE MODULE

The VP module will be piloted from 2013-2016 globally. An evaluation of the pilot will then be conducted. A final version of the module will be included in the 2016 updated version of the global CBHFA package.

HOW WILL THE MODULE BE DISSEMINATED

The VP module will be promoted, among other channels, through:

- 1 IFRC global and regional workshops and meetings related to Health and Violence Prevention
- 2 Fednet
- 3 IFRC CBHFA and Principles and Values communities of practice
- 4 IFRC e-learning platform marketing materials

WHERE CAN I LEARN MORE

To learn more about the CBHFA VP module, please contact the IFRC or Canadian Red Cross.

To see other IFRC VP resources, please visit:

<https://fednet.ifrc.org/en/resources/principles-and-values---global/> or <http://www.ifrc.org/en/what-we-do/health/community-based-health/>.

REFERENCES

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APPENDIX 1: CBHFA VP IMAGES FROM HAITI



TOUT MOUN MERITE VIV SAN VYOLANS !!!

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TOUT MOUN DWE VIV SAN VYOLANS !




BAT MOUN PA YON SOLISYON !




VYOLANS SEKSYEL PAP JANM AKSEPTE !




TI FI AK FANM MERITE GEN MENM VALE AK TI GASON AK GASON !




VYOLANS KAPAB KWAPE GEN SA KI LA POU EDE NOU !

APPENDIX 2: CBHFA VP IMAGES FROM INDIA



வினாயகர் இடிக்ரஸ் சங்கம்



அனைத்துக் குழந்தைகளும் பாதுகாக்கப் படவேண்டியவர்கள்



ஒரு குழந்தையின் சுய மரியாதையை அடக்குவது என்பது பாதுகாப்பானதல்ல



அடிப்பது பாதுகாப்பானதல்ல



பெண்குழந்தைகள் ஆண் குழந்தைகளைப் போலவே மதிக்கத் தகுதியுடையவர்கள்



குழந்தைகளின் பாதுகாப்பை உறுதிபடுத்துவதில் அனைத்து பெரியோர்களுக்கும் மிகுந்த பொறுப்புள்ளது.

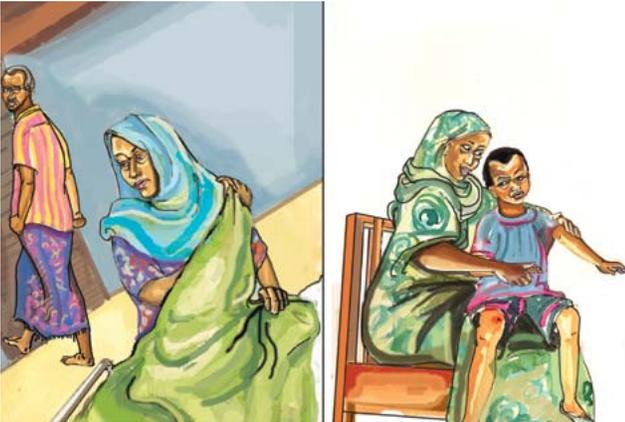
APPENDIX 3: CBHFA VP IMAGES FROM KENYA



1 Everyone deserves to be safe from violence



2 Hitting other people is harmful and unnecessary



3 Sexual violence is cruel and degrading



4 Crushing a person's self-esteem is damaging and unhealthy



5 Violence can be prevented, helping resources and laws exist

APPENDIX 4: CBHFA VP IMAGES FROM PAKISTAN

