# B] Training Session Plan Template

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| **Session/ day** | Session # 1 / Day # 2 |
| **Session title** | Dignity, Access, Participation and Safety of the elderly |
| **Trainer(s)** | 1. Saiful 2. Benya 3. Vantha 4. Anne 5. Nipha |
| **Timing** | 16.20 – 17.30 (1 hour 10 minutes) |
| **Rationale** | It will be as based   1. to have a common understanding on identify the vulnerability and capacity of the elderly and 2. to minimize the vulnerability and to utilize their existing resources. |
| **Aim** | To cover the Dignity, Access, Participation and Safety of the elderly |
| **Objectives** | By the end of the session, participants will have/ be able :   * to recognize the vulnerabilities of the elderlies, and * to suggest ways in which the elderlies can participate in Disaster Management program of the National Society. |
| **Key learning points** | * The elderlies are valuable asset that must be considered * The elderlies must be included in needs assessment by consulting their priority needs * Involve the elderlies in designing and implementing the Disaster Management phase * The elderlies are valuable resource for Disaster Management |
| **Links to other sessions** | * As a continuity from the session “Understanding Gender and Diversity” * Linking to the “Violence Prevention” : neglection the elderlies |
| **Resources needed** | 1 x powerpoint presentation  1 x video presentation  1 x group activities |
| **Session outline** | 1. Opening: what’s the topic, group member roles   3 presenters : Niphon, Benya and Vantha (only for this ToT purpose)  2 technical support : Saiful and Anne   1. Presentation – start 2. Video presentation – 6 minutes and 3 seconds 3. Divide the participants in to 4 groups 4. 3 minutes discussion on vulnerabilities of the elderly and how they can contribute in Disaster Management program 5. 3 minutes presentation from each group 6. Video presentation – the rest of 6 minutes to finish 7. Power point presentation to compare the outcome of discussion 8. Conclusion 9. Q & A |
| **Additional information (optional)** | For the purpose of the ToT, the presenter will be 3 (three) presenters |