# B] Training Session Plan Template

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| **Session/ day** | Session # 2 / Day # 3 ( Group 4) |
| **Session title** | Dignity, Access, Participation and Safety of Migrants |
| **Trainer(s)** | Michelle Yeo, Lesu Waqaniburotu, Nguyen Thi Nhat Hoai, Tran Thi Quy, Tran Thi Ngoc Chau |
| **Timing** | 11.10-12.30 (40 min) |
| **Rationale** | It will be fundamental for participants to grasp the key concept of DAPS of migrants as well as factors causing migration and what we could do for them. |
| **Aim** | * Understanding the Dignity, Access, Participation and safety of migrants |
| **Objectives** | By the end of the session, participants will have/ be able to:   * Define what is migrant and cause of migration * List 4 stages of migration and at least 3 challenges in each stage * Explain at least one Red Cross activity according to the IFRC Minimum standard on gender and Diversity. |
| **Key learning points** | * Women and girls migrants often get deceived due to poor level of legal knowledge and poor awareness about safe migration, trapping them into slavery- like conditions * Migrants are also vulnerable to trafficking * Migrants especially women and girls are vulnerable to sexual abuse |
| **Links to other sessions** | * Gender based violence |
| **Resources needed** | * 4 x Display board * 1 x power point * 1x gender and diversity quiz * 2 x group exercise * 1 x timer * 2 stacks of colored post it notes * 1x IFRC Minimum Standard commitments to gender and diversity in Emergency programming |
| **Session outline** | 1. Session objectives ( 2 min) 2. Definition of Migrants ( 2 min) 3. Gender & diversity quiz (3 min) 4. Factors and risk factors of migrants ( 10 min) 5. Stages of Migrants journey and challenges (10 min) 6. What we can do as red cross (DAPS) – (10 mins) 7. Q & A ( 3 min) |
| **Additional information (optional)** |  |