# B] Training Session Plan Template

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| **Session/ day** | Session # 2 / Day # 3 ( Group 4) |
| **Session title** | Dignity, Access, Participation and Safety of Migrants |
| **Trainer(s)** | Michelle Yeo, Lesu Waqaniburotu, Nguyen Thi Nhat Hoai, Tran Thi Quy, Tran Thi Ngoc Chau |
| **Timing** | 11.10-12.30 (40 min) |
| **Rationale** | It will be fundamental for participants to grasp the key concept of DAPS of migrants as well as factors causing migration and what we could do for them.  |
| **Aim** | * Understanding the Dignity, Access, Participation and safety of migrants
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| **Objectives** | By the end of the session, participants will have/ be able to:* Define what is migrant and cause of migration
* List 4 stages of migration and at least 3 challenges in each stage
* Explain at least one Red Cross activity according to the IFRC Minimum standard on gender and Diversity.
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| **Key learning points** | * Women and girls migrants often get deceived due to poor level of legal knowledge and poor awareness about safe migration, trapping them into slavery- like conditions
* Migrants are also vulnerable to trafficking
* Migrants especially women and girls are vulnerable to sexual abuse
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| **Links to other sessions** | * Gender based violence
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| **Resources needed** | * 4 x Display board
* 1 x power point
* 1x gender and diversity quiz
* 2 x group exercise
* 1 x timer
* 2 stacks of colored post it notes
* 1x IFRC Minimum Standard commitments to gender and diversity in Emergency programming
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| **Session outline** | 1. Session objectives ( 2 min)
2. Definition of Migrants ( 2 min)
3. Gender & diversity quiz (3 min)
4. Factors and risk factors of migrants ( 10 min)
5. Stages of Migrants journey and challenges (10 min)
6. What we can do as red cross (DAPS) – (10 mins)
7. Q & A ( 3 min)
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| **Additional information (optional)** |  |