International Federation of Red Cross and Red Crescent Societies

**Group 1 – Dignity, Access, Participation and Safety of the elderly**

Regional Gender and Diversity Training of Trainers / 5-8 October 2015

**Guidelines for group session**

**Time allocated for session delivery:** 40 minutes

**Materials provided:**

1 x Powerpoint presentation

2 x group activities

1 x video

1 x folder of resources

1 x Minimum Standard Commitments to Gender and Diversity in Emergency Programming

[Link to the Gender and Diversity for Resilience Resource Library](https://sites.google.com/site/drrtoolsinsoutheastasia/gender-and-diversity/gender-and-diversity-for-resilience-toolkit)

**Optional group activity 1**

The **first half** of the video up to 6:10 minutes focuses on the different risks older people may face during disasters. The **section half** of the video from 6.10 minutes focuses on the capacities of older people to disasters.

There are a number of different ways you can conduct this activity, e.g. using a variety of the video, the Powerpoint and group discussions.

One option is outlined below:

* Divide participants in groups and ask them to list different risks that older people might face during emergencies (before showing the video). Write their suggestions on the board / flipchart.
* Watch the first half of the video. Discuss if there are risks highlighted that were not mentioned by the participants beforehand.
* Then ask the groups to identify capacities older people might have and how we can build on these capacities to mitigate the risks they are facing.
* Write suggestions on the board / flipchart. Then go through the Powerpoint to see if they have identified all the capacities.

**Optional group activity 2**

Ask groups to reflect on their own programmes to see how their activities are inclusive and ensure the dignity, access, safety and participation of elderly members of the community. Are there ways this can be improved? This activity will give a chance for National Societies to reflect on their own work and encourage peer to peer learning.

This can be done using a variety of different methods e.g. group discussions and feedback, open plenary. You could write different types of National Societies activities on paper, placing one piece of paper on each table. Then ask participants to move around the room and write what standards they would apply, to ensure the activities/programmes are inclusive and ensure the dignity, access, safety and participation of the elderly. Participants should be encouraged to refer to the [Minimum Standard Commitments to Gender and Diversity in Emergency Programming](https://www.ifrc.org/Global/Photos/Secretariat/201505/Gender%20Diversity%20MSCs%20Emergency%20Programming%20HR3.pdf) to support their discussions.