Online Learning Catalogue

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Saving lives, changing minds.

International Federation
of Red Cross and Red Crescent Societies

List of online courses and materials available on www.ifrc.org/learning-platform

Training Packs, Set 1: Red Cross and Red Crescent

1. The Essentials

	🕐	EN	FR	ES	AR	🌐
The World of Red Cross and Red Crescent (WORC)	960	✓	✓	✓		
Code of Conduct	30	✓	✓			
Stay Safe – Personal Security	240	✓	✓	✓		
Stay Safe – Security Management	180	✓	✓	✓		
Volunteering - Basic Course	60	✓	✓	✓	✓	PT RU
Strategy 2020	40	✓	✓	✓	✓	
Project/ Programme Planning (PPP)	240	✓	✓	✓		
Introduction to Monitoring and Evaluation – NEW	120	✓	✓	✓		
How can we keep our information safe?	45	✓	✓			
101: Corruption Prevention – NEW	150	✓				
102: Corruption Prevention for Managers – an Introduction – NEW	135	✓				

2. Volunteering

	🕐	EN	FR	ES	AR	🌐
Volunteering Red Cross and Red Crescent Induction Course	60	✓	✓	✓	✓	PT
Volunteering - Basic Course	60	✓	✓	✓	✓	PT RU
Stay Safe - Volunteer Security	140	✓	✓	✓	✓	
Volunteering – Branch Leadership Development	90	✓	✓	✓	✓	

3. National Society Development

	🕐	EN	FR	ES	AR	🌐
Introduction to National Society Development	60	✓	✓	✓		
Introduction to Governance for Red Cross and Red Crescent Leadership – NEW	100	✓		✓		
Introduction to Governance and Management	40	✓				
National Societies Statute Revision	35	✓				
Red Cross Red Crescent Movement Partnerships – NEW	90	✓				
Understanding Statutory Contributions – Module 1: The Big Picture	15	✓	✓	✓	✓	
Understanding Statutory Contributions – Module 2: Learn how to complete the Certified Declaration of Income (CDI)	15	✓	✓	✓	✓	

	🕐	EN	FR	ES	AR	🌐
4. Disaster Management						
IDRL - Introduction to International Disaster Response Laws, Rules and Principles	30	✔	✔	✔	✔	RU
Principles and Rules for RCRC Humanitarian Assistance	60	✔				
103: Preventing Corruption in Humanitarian Aid – NEW	210	✔	✔	✔	✔	
Sphere Handbook in Action	390	✔	✔	✔	✔	
Contingency Planning – NEW	60	✔	✔	✔		
Emergency Needs Assessment – NEW	60	✔	✔	✔	✔	
The ABC of VCA (Vulnerability and Capacity Assessment) – *(Video)*	5	✔				
Disaster Resilience Journal *(external, web-based)*	30	✔	✔	✔		IT DE NL HR BG RO DK FI
Introduction to Cash Transfer Programming	120	✔	✔	✔		
Urban Cash Transfer Programming and Livelihoods (by CaLP) – NEW	60	✔				
Market Assessments: Introduction – NEW	60	✔	✔	✔	✔	
Market Assessments: Rapid Assessment for Markets (RAM) – NEW	60	✔	✔	✔	✔	
Basics of Livelihoods – NEW	60	✔	✔	✔	✔	
More than Just a Roof - An Introduction to Shelter Programming – NEW	90	✔				
The IFRC's educational guide on principles related to migration *(material)*	30	✔	✔	✔	✔	
Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 1: in Emergencies – NEW	90	✔	✔	✔		
Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 2: Working with Children – NEW	60	✔	✔	✔		
Climate Change – An Introduction for Staff and Volunteers	30	✔	✔	✔	✔	RU
Building a Better Response (BBR) *(external, web-based)*		✔				
5. Health						
Community-Based Health and First Aid (CBHFA) e-Module 1: Introduction	20	✔	✔	✔		
Community-Based Health and First Aid (CBHFA) e-Module 2: Volunteer Action	80	✔	✔	✔		
Community-Based Health and First Aid (CBHFA) e-Module 3: Facilitation	60	✔	✔	✔		
Community-Based Health and First Aid (CBHFA) e-Module 4: Implementation	60	✔	✔	✔		
Public Health – Module 1: Introduction	30	✔		✔		
Public Health – Module 2: Epidemiology	30	✔		✔		
Public Health – Module 3: Prioritizing Health Responses	30	✔		✔		
Public Health – Module 4: Household Water Treatment and Safe Storage	30	✔		✔		
Public Health – Module 5: Rapid Health Assessment	30	✔		✔		
Public Health: Mental Health and Psychosocial Support – NEW	60	✔				
Public Health: Nuclear Emergency Preparedness – NEW	60	✔	✔			
Ebola Awareness	10	✔	✔	✔	✔	ZH DE JP PT Hausa

	🕐	EN	FR	ES	AR	🌍
Influenza pandemic preparedness	45	✓				RU
H2P - Humanitarian Pandemic Preparedness Programme	40	✓	✓	✓		
Healthy Lifestyle Community *(external, web-based)*		✓				
Health Care in Danger *(external)*	60	✓				
Health Care in Danger: the Legal Framework *(external)* – NEW	25	✓	✓			
LIFESAVER: Interactive CPR *(external, web-based)* – NEW	120	✓				

Training Packs, Set 2: **Personal Development**

1. Knowing Myself

	🕐	EN	FR	ES	AR	🌍
Assertiveness: know your profile	30	✓	✓	✓		IT PT PT-Br
Assertiveness: toolkit	30	✓	✓	✓	✓	DE IT PT PT-Br
Valuing your experience	30	✓	✓	✓		
Successfully adapt your message	30	✓	✓	✓		ZH DE HU IT PT PT-Br NL
The 3 pillars of interpersonal excellence	30	✓	✓	✓		ZH CS DE HU IT PT
Self-esteem: how it works	30	✓	✓	✓		IT PT
The four keys to developing self-esteem	30	✓	✓	✓		IT
Maintaining your self-esteem	30	✓	✓	✓		IT
Balancing the dual roles of people manager and technical expert	30	✓	✓		✓	ZH RU
Improving your memory	30	✓	✓		✓	
The five secrets of creative minds	30	✓	✓	✓		ZH IT

2. Communication skills

	🕐	EN	FR	ES	AR	🌍
Non-verbal communication and Synergology®	30	✓	✓	✓		ZH PT NL
How to write an effective e-mail	30	✓	✓	✓		IT PT
Writing for the web	30	✓	✓	✓		PT
Sharing information with blogs and wikis	30	✓	✓	✓		
Preparing and structuring an oral presentation	30	✓	✓	✓		ZH IT PT RU
The manager/ communicator	30	✓	✓	✓		ZH DE HU IT PT RU NL
Evade trick questions at meetings	30	✓	✓	✓		ZH PT NL

3. Situation Awareness & Diversity

	🕐	EN	FR	ES	AR	🌍
Influencing Behaviour *(external, web-based)*	120	✓	✓	✓	✓	RU
Emotional intelligence fundamentals	30	✓	✓	✓		IT PT
Improving communication by adapting to others	40	✓	✓	✓		IT
3 essential levers for building a winning co-operation	30	✓	✓	✓		ZH CS DE HU IT PT
Improving performance through time perception	30	✓	✓	✓		DE PT

	🕐	EN	FR	ES	AR	🌐

4. Health and Well-being

Staying healthy	30	✔	✔			
Understand how you deal with stress	25	✔	✔	✔		DE IT PT RU
Handling stress	30	✔	✔	✔	✔	IT PT PT-Br RU

5. Time and Information Management

Focusing on your priorities	30	✔	✔	✔		ZH DE IT PT RU
Focusing on your key priorities	30	✔	✔	✔		DE PT NL
Dealing with time-consuming tasks	30	✔	✔	✔		DE PT
Managing your time strategically	30	✔	✔	✔		DE PT NL
Increasing your productivity in a fast-paced world	30	✔	✔	✔		DE PT
Speed reading	30	✔	✔		✔	DE IT PT

6. Team Management

Making a success of your first management	30	✔	✔	✔		ZH DE IT PT RU NL
The management styles	30	✔	✔	✔	✔	ZH CS DE HU IT PT RU NL
Guiding team and individual actions	30	✔	✔	✔		ZH DE HU IT PT RU NL
Fostering and maintaining motivation	30	✔	✔	✔	✔	ZH CS DE HU IT PT RU NL
The situational skills of the manager	30	✔	✔	✔	✔	ZH CS DE HU IT PT RU
The relational skills of the manager	30	✔	✔	✔	✔	ZH CS DE HU IT PT RU
The emotional skills of the manager	30	✔	✔	✔	✔	ZH CS DE HU IT PT RU
Becoming a manager/ coach	30	✔	✔	✔		ZH DE HU IT PT RU NL
Building win-win relationships with your team	30	✔	✔	✔		ZH DE HU IT PT RU NL
Handling emotions within your team	30	✔	✔	✔		ZH DE HU IT PT RU NL
Managing action plans in teams	30	✔	✔	✔		ZH HU
Preparing the annual performance review	30	✔	✔	✔		HU PT
Dealing with annual reviews' difficult situations	30	✔	✔	✔		HU PT

7. Leadership & Decision Making

Leadership Best Practice	30	✔	✔	✔		IT PT
Establishing leadership in the best way	30	✔	✔	✔		IT PT
Personal impact and charisma in leaders	30	✔	✔	✔		IT PT
5 levers for producing great leaders	30	✔	✔	✔		IT PT

		EN	FR	ES	AR	🌐
Effective decision making	30	✔	✔	✔		ZH DE HU IT PT RU NL
Positioning the cross-functional manager	30	✔	✔	✔		IT
Ensuring cross-functional coordination	30	✔	✔	✔		
Leadership of the Cross-functional manager	30	✔	✔	✔		IT
Effective cross-functional manager communication	30	✔	✔	✔		IT
Lobbying strategy of the cross-functional manager	30	✔	✔	✔		IT
Creating a vision of the future	35	✔	✔	✔		ZH CS DE HU IT PT
Innovation - a goal for all!	40	✔	✔	✔		IT PT ID (Bahasa)
Triggering the dynamics for change	30	✔	✔	✔		ZH CS DE HU IT PT PT-Br
Managing change: identifying your profile	45	✔	✔	✔		ZH CS DE HU IT PL PT
Managing change: process and tools	45	✔	✔	✔		ZH CS DE HU IT PT
Managing change: strategic alliances	30	✔	✔	✔		ZH DE HU IT PT
Securing managerial support for leadership	30	✔	✔	✔		IT PT

Training Packs, Set 3: **Professional Development**

1. Education and Training

		EN	FR	ES	AR	🌐
Adult learning mechanisms	30	✔	✔	✔		DE HU IT PT
Designing a training programme	30	✔	✔	✔		ZH
Facilitating a training course	30	✔	✔	✔		DE HU IT PT
Handling tricky training situations	30	✔	✔	✔		DE HU IT PT
Evaluating what has been learned during training	30	✔	✔	✔		DE HU IT PT

2. HR

		EN	FR	ES	AR	🌐
Preventing harassment in the workplace	30	✔	✔	✔		
Reacting to a complaint of harassment	30	✔	✔	✔		
Using a job profile in the recruitment process	30	✔	✔	✔		IT
Confirming applicant's suitability for the position	30	✔	✔	✔		IT

3. Logistics/ Purchasing

		EN	FR	ES	AR	🌐
Customer relationship: building trust	30	✔	✔	✔		ZH DE HU IT PT RU
Developing loyalty through customer relationships	30	✔	✔	✔		ZH DE HU IT PT RU
Developing internal cooperation for customers	30	✔	✔	✔		DE IT PT RU
The marketing process	30	✔	✔	✔		IT PT
The marketing plan	30	✔	✔	✔		IT PT
Purchasing project: supplier market analysis	30	✔	✔	✔	✔	ZH DE HU IT RU

	⏱	EN	FR	ES	AR	🌐
Purchasing project: cost analysis	30	✓	✓	✓	✓	ZH DE HU IT RU
Purchasing strategies	30	✓	✓	✓	✓	ZH DE HU IT RU
Conflict in purchasing	30	✓	✓	✓		ZH HU IT RU
Problem-solving: tools and methods	30	✓	✓	✓		DE IT PT
Managing sales activity through uncertainty and change	30	✓	✓	✓		CZ DE HU IT PT

4. PMER (planning, monitoring, evaluation, reporting)

	⏱	EN	FR	ES	AR	🌐
Project planning	30	✓	✓	✓		ZH DE HU IT PT RU NL
Project management essentials	30	✓	✓	✓		ZH DE HU IT PT RU NL
The SWOT analysis – NEW	30	✓	✓	✓		IT PT
Anticipating project risks – NEW	30	✓	✓	✓		ZH DE HU IT PT RU NL
Accountability: "Blame and responsibility" - an opportunity to restore trust? *(Video)*	90	✓				

5. Certified Professional Development Courses (- from partner institutions – fees from 1000 to 3000 CHF)

	⏱	EN	FR	ES	AR	🌐
Updated information on the certified professional courses: http://ifrc.org/en/get-involved/learning-education-training/certified-professional-development-courses/		✓				

Training Packs 4: Courses from Partner Institutions

World Health Organization (WHO)

	⏱	EN	FR	ES	AR	🌐
Immunization Staff Orientation. M1: Global Immunization Overview	30	✓				
Immunization Staff Orientation. M2: WHO Policy Recommendations	30	✓				
Immunization Staff Orientation. M3: Immunization Programme Planning	30	✓				
Immunization Staff Orientation. M4: Immunization Supply Chain	30	✓				
Immunization Staff Orientation. M5: Data Monitoring - Introduction	30	✓				
Immunization Staff Orientation. M6: New Vaccines - Introduction	30	✓				

UNICEF

	⏱	EN	FR	ES	AR	🌐
Introduction to Child Protection	30	✓				
Introduction to Psychosocial Support	45	✓				
Introduction to Nutrition	30	✓				
Gender Equality, UN Coherence and You	120	✓				
Research and Evidence at UNICEF	30	✓				
Evaluation in Humanitarian Settings	90	✓				

		EN	FR	ES	AR	🌐
Preparing a Written Application	30	✓				
Competency Based Interviewing for Interviewees	30	✓				

Food and Agriculture Organization of the United Nations (FAO)

		EN	FR	ES	AR	🌐
Communicating for Food Security	480	✓	✓	✓		
Nutritional Status Assessment and Analysis	120	✓	✓	✓		
Climate Change and Food Security	210	✓	✓	✓		
Resilience in Food Security Analysis	150	✓		✓		
Vulnerability Assessment and Analysis	120	✓	✓	✓		
Agreeing on Causes of Malnutrition for Joint Action	90	✓	✓			
Nutrition, Food Security and Livelihoods: Basic Concepts	35	✓	✓	✓		
Developing a Monitoring and Evaluation (M&E) Plan for Food Security and Agriculture Programmes	210	✓				
Gender in Food and Nutrition Security	840	✓				

CaLP (Cash Learning Partnership)

		EN	FR	ES	AR	🌐
Urban Cash Transfer Programming and Livelihoods	60	✓				

SEEP Network

		EN	FR	ES	AR	🌐
MERS - Understanding and applying the Minimum Economic Recovery Standards	120	✓				

Inter-Agency Standing Committee (IASC)

		EN	FR	ES	AR	🌐
Gender equality in programme planning - "Different needs, equal opportunities"	240	✓	✓			

If you are interested to support and to collaborate with us for the development of these resources, please contact IFRC, HR- Policies and Programs – Olimpius ISTRATE – **olimpius.istrate@ifrc.org www.ifrc.org/learning**