# B] Training Session Plan Template

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| **Session/ day** | Session # 1 / Day # 2  |
| **Session title** | Dignity, Access, Participation and Safety of the elderly |
| **Trainer(s)** | 1. Saiful
2. Benya
3. Vantha
4. Anne
5. Nipha
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| **Timing** | 16.20 – 17.30 (1 hour 10 minutes) |
| **Rationale** | It will be as based 1. to have a common understanding on identify the vulnerability and capacity of the elderly and
2. to minimize the vulnerability and to utilize their existing resources.
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| **Aim** | To cover the Dignity, Access, Participation and Safety of the elderly |
| **Objectives** | By the end of the session, participants will have/ be able :* to recognize the vulnerabilities of the elderlies, and
* to suggest ways in which the elderlies can participate in Disaster Management program of the National Society.
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| **Key learning points** | * The elderlies are valuable asset that must be considered
* The elderlies must be included in needs assessment by consulting their priority needs
* Involve the elderlies in designing and implementing the Disaster Management phase
* The elderlies are valuable resource for Disaster Management
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| **Links to other sessions** | * As a continuity from the session “Understanding Gender and Diversity”
* Linking to the “Violence Prevention” : neglection the elderlies
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| **Resources needed** | 1 x powerpoint presentation1 x video presentation1 x group activities |
| **Session outline** | 1. Opening: what’s the topic, group member roles

3 presenters : Niphon, Benya and Vantha (only for this ToT purpose)2 technical support : Saiful and Anne1. Presentation – start
2. Video presentation – 6 minutes and 3 seconds
3. Divide the participants in to 4 groups
4. 3 minutes discussion on vulnerabilities of the elderly and how they can contribute in Disaster Management program
5. 3 minutes presentation from each group
6. Video presentation – the rest of 6 minutes to finish
7. Power point presentation to compare the outcome of discussion
8. Conclusion
9. Q & A
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| **Additional information (optional)** | For the purpose of the ToT, the presenter will be 3 (three) presenters |