



Cruz Vermelha de Timor-Leste **5-Year Report** 2010-2014



About the Cruz Vermelha de Timor-Leste

The Timor-Leste Red Cross, or Cruz Vermelha de Timor-Leste (CVTL) was established in 2000 and legally recognised as an auxiliary to the Timor-Leste Government through a decree law 6/2005 on the 14th September 2005. CVTL has 2,367 members, 164 staff, 2,858 volunteers and a network of 13 branches across all of the 13 municipalities in Timor-Leste. Its headquarters is located in the capital, Dili. CVTL is the 183rd member of the International Red Cross and Red Crescent Movement.

Our vision

is to save and improve the quality of life of vulnerable people.

Our mission

is to abide by humanitarian values and the spirit of volunteerism to alleviate the suffering of the socially-excluded and economically- marginalised, by promoting their health and socio-economic development and enhancing their capacity to prepare for and respond to disasters.



Volunteers during the 2014 dengue door-to-door campaign, providing vital information about protecting families and reducing incidence of dengue/IFRC

Contents

.....

Message from our President	4
.....	
2010-2014 Highlights	6
.....	
Goal 1 Improve the health, safety and wellbeing of the most vulnerable people and communities	8
.....	
Goal 2 Save lives, develop preparedness and strengthen recovery from emergencies	9
.....	
Goal 3 Strengthen community harmony, tolerance and peace	10
.....	
Goal 4 Build a strong and sustainable organisation that supports our people and our programs	11
.....	
Financial Statements	12
.....	
Acronyms and abbreviations	13
.....	
National Governing Board (CDN) elected for the period 2010-2014	28
.....	
Partner Organizations	30
.....	

Message from our President



CVTL Board President, José Pereira da Conceição/
Bernardino Soares



It is with great pleasure I present Cruz Vermelha de Timor-Leste's (CVTL) five-year report for 2010-2014. This has been a period of significant growth for CVTL, delivering effective life-saving programs and creating a strong and sustainable organisation that will continue to improve the lives of the most vulnerable people in Timor-Leste.

Through its network of branches in each of Timor-Leste's 13 districts, CVTL has continued to provide much-needed assistance to communities, particularly in the remote rural areas where the humanitarian needs of people remain high. Construction of safe water supply systems, sanitation, hygiene promotion, first aid and nutritional education, disaster risk reduction and improving livelihoods has contributed to healthier, safer and more resilient communities.

With 34% of Timor-Leste's population between 12 and 30 years old¹, the role young people will play in future development of our nation is critical and something that CVTL values immensely. The Youth Department is equipping Timor's young people with life-skills to participate in their local communities, instilling an understanding of humanitarianism and developing a culture of volunteerism. The creation of an active nation-wide Youth Red Cross network and active inclusion of the Youth President on the National Governing Board of CVTL during 2010-2014 are welcome developments that guarantee the powerful voice of Timor-Leste's youth is included in everything CVTL does.

In order to achieve so much in five years, CVTL has been dedicated to developing its capacities at every level. To this end, in 2014 CVTL inaugurated its first National Headquarters building and also completed rehabilitation of 11 of our 13 branch offices. The strengthening of our governance structures, and ongoing training of volunteers and staff ensures CVTL is well placed to respond to humanitarian needs wherever and whenever they occur. This has been supported through the development of a range of operational policies and procedures that ensure effectiveness and accountability.

The vast achievements contained in this report are the result of our 164 dedicated and hard-working staff, almost 3000 volunteers and 2,300 members to whom I give my congratulations and gratitude. This team is supported by our partners, especially the International Federation of the Red Cross (IFRC) and the International Committee of the Red Cross (ICRC).

CVTL embarks on its 15th year since its formation, as a strong and capable organisation that is saving and improving the quality of lives of the most vulnerable people in Timor-Leste.

Yours Sincerely,

José Pereira da Conceição
President CVTL

2010-2014 Highlights

- Water and Sanitation was conducted in 12 districts benefiting more than 30,000 people
- Improved health knowledge and hygiene promotion for 28,024 people
- 18,000 people were trained or received an introduction on basic first aid and First Aid services were provided at 96 events
- Disaster response assistance was provided to almost 17,600 people
- Almost 2,000 at-risk families received mosquito nets to decrease the incidence of dengue and malaria
- HIV/AIDS peer education programs reached 73,000 people
- Planted 15,580 trees in 24 communities to reduce erosion and landslide risk
- More than 68,500 people received information on emergency health, reducing incidence and severity of outbreaks
- 6,500 people increased their income as a result of improved livelihoods
- 33,400 people received information on restoring family links
- Red Cross fundamental principles and International Humanitarian Law (IHL) disseminated to more than 11,000 people
- 3,600 young people volunteered and demonstrated leadership as part of the Youth Red Cross
- 3,000 young people reached as part of the 'Healthy Youth Program' through peer-educators
- First National Youth Assembly held in May 2013 with 25 young people participating from all 13 branches
- Branch offices were improved in 11 districts
- A new National Headquarters was inaugurated in Dili on 2nd August 2014
- Revised CVTL statutes were approved by the 3rd National Assembly following an extensive consultation with all 13 Branches
- A new Governing Board was elected with a new President in 2014
- Systems of accountability were finalised including the finance manual and numerous Human Resource policies and procedures
- A Fundraising section was established
- The Southeast Asia Red Cross Red Crescent Leadership Meeting was hosted by CVTL in Dili in 2011.

Goal 1: Improve the health, safety and wellbeing of the most vulnerable people and communities

OUTCOMES:

- 28,024 people (or 4,705 families) have improved health and hygiene knowledge and behaviour
- 705 trained CVTL community volunteers
- 1,106 mothers attended cooking demonstrations
- 2,423 mosquito nets were distributed to 12,190 people or 1,933 families
- 30,669 people were given access to a safe water supply and sanitation facilities
- 36 gravity water supply systems (totaling 191 km) and 43 wells were installed in 12 districts
- 3,053 latrines constructed and used by vulnerable households with support from CVTL
- 456 (128 female and 328 male) people from 23 community water-management (GMF) groups were trained in water supply operation and system maintenance
- 72,990 people (3,665 females and 69,325 males) were reached through the client outreach and peer education programs (HIV/AIDS)
- 300,807 condoms were distributed to high-risk populations
- 11,079 referral cards were distributed for STI and VCCT, and 1,845 people referred
- 16,706 (8,478 female and 8,228 male) people have increased knowledge on disaster risk reduction
- Vulnerability Capacity Assessments (VCAs) were conducted in 40 communities in 12 districts
- 19 early warning systems (EWSs) installed in 12 district
- 12 community evacuation centers were established in 7 districts
- 270 relief kits pre-positioned in 9 community evacuation centers
- 982 (504 female and 478 male) community volunteer trained in DRR in 40 village in 12 districts
- 4967 (2,488 female and 2,479 male) of students in 12 district increased awareness on DRR
- 26 teachers in 7 schools have increased knowledge on disaster risk reduction
- 98 district and suco level DM committees trained
- 15,580 trees were planted in 24 communities to reduce erosion and landslide risk

Over the last five years, CVTL has introduced a unique Integrated Community Based Risk Reduction (ICBRR) program that has successfully addressed the health, safety and wellbeing of vulnerable people and communities in Timor-Leste. This program supports remote and vulnerable communities across Timor-Leste to increase their resilience through addressing multiple risks they may face in water, sanitation, hygiene, health, nutrition, disaster risk reduction, safe shelter and livelihoods.

CVTL has a long history with the provision of safe access to water and sanitation to vulnerable communities and individuals with low water and sanitation coverage. The 2010-2014 period saw an up scaling of activity in this area with the installation of 36 gravity feed water supply systems, giving 30,669 people access to safe water and sanitation facilities. The CVTL approach, in line with the Government National Water and Sanitation Guidelines and International Federation of the Red Cross Red Crescent (IFRC) Water and Sanitation Policy, brings technical expertise and materials to communities but management remains within the communities themselves, ensuring high levels of participation. With this approach 23 community water management groups (GMF) were trained in water supply operations and system maintenance. The capacity building of local community members is coupled with CVTL's cost-sharing scheme for the future maintenance of facilities and hygiene promotion activities that ensure outcomes are sustainable. A water and sanitation 'look-back' study conducted in November 2014, showed good results with regards to sustainability, with 86% of latrines visited still being used and well-functioning, and 75% of water supply systems still functioning.

The Community Based Health and First Aid (CBHFA) program, developed the capacity of community volunteers through training and workshops. These sessions concentrated on basic health and hygiene awareness that go hand in hand with safe access to water and sanitation. Hand washing, boiling of water and proper food preparation practices eliminates the risk of diarrhea, especially among children under five. Developing practical First Aid skills tailored to specific communities and the local environment following a vulnerability capacity assessment is also a key component of the program. These groups, equipped with knowledge and skills, are tasked with the dissemination of information that will increase understanding, awareness and result in changing behavior within their respective communities. Over the last five years this knowledge sharing has reached 28,024 vulnerable people and CVTL has distributed more than 1,500 first aid kits.



Village leaders use their new water supply system in Sune-Ufe, Oecusse District/CVTL

A community volunteer demonstrates the use of mosquito nets to protect families against malaria/Victor Lacken



To combat high rates of malnutrition, CVTL conducted a nutritional educational program, with a special focus on maternal and children under-five. Working predominantly with women as the primary family caregiver, trained staff advised on nutritional, balanced diets that were designed around locally available foods and within the framework of the pre-existing family food budget. New mothers were given educational material around the value of breast-feeding and the benefit it has over formula powders that have become increasingly relied upon. Staff demonstrated good breast-feeding techniques and instruction for nutritional food preparation after the recommended breast-feeding period of six months. All training sessions concluded with a cooking demonstration using a wood stove, which has the additional health and cost benefits of decreased smoke inhalation and lower consumption of wood, compared to the widely used open fire. In total more 1,100 mothers attended these sessions increasing their awareness around nutrition and providing practical solutions to improve the health of their family.

Dengue and malaria are other major health concerns in Timor-Leste and CVTL works closely with the Ministry of Health (MoH) to reduce the risk of contraction. From 2011-2014 CVTL distributed almost 2,500 mosquito nets to 2000 families in predominantly high-risk areas. The distribution of nets was coupled with an awareness raising campaign that highlighted practical solutions to safeguard against these potentially fatal diseases such as eradicating mosquito breeding grounds and avoiding bites. As part of the coordinated MoH program, and in conjunction with World Health Organization (WHO), CVTL played a significant role following the urban outbreak of dengue fever in 2013/14, with CVTL volunteers conducting a door-to-door campaign that provided timely information on how to contain the outbreak and prevent further cases.

Timor-Leste is vulnerable to seasonal natural disasters, and CVTL supports communities to identify, prevent, mitigate, and manage these disaster risks. Vulnerable communities are supported to identify disasters that may affect them and respond to disasters if and when they occur. Almost 100 community Disaster Management Committees (DMC) at district and suco levels were trained to act before, during and after disasters and supported by CVTL to ensure communities are aware, prepared and resilient.

In the five-year period to 2014, CVTL staff and volunteers advised vulnerable individuals and communities on building techniques to strengthen buildings susceptible to strong winds, erected high water markers in flood prone areas and hazard information/warning signs. 19 Early Warning Systems (EWS) were installed across 12 districts, 12 emergency evacuation centers were established and equipped with 270 emergency relief kits. To combat major landslides from traditional farming techniques, harvesting and natural erosion 15,580 trees were planted by staff and community volunteers.

In 2010 and 2011, the Livelihoods Program was piloted in four districts, and subsequently expanded to 11 districts where, in 2014, 29 livelihood groups had been established. Livelihood efforts were focused particularly on vulnerable communities such as significantly impoverished and isolated villages and those where multiple crop failures had occurred. The program aims to build resilience in communities in everyday life as well as disaster recovery, improve the overall quality of life and extend local commerce opportunities. After initial assessments of the specific context, in conjunction with the community, determinations are made about the most viable, sustainable, locally sourced product to be developed according to the wants and needs of the beneficiaries. Over 1000 families increased their income as a result of improved livelihoods in the areas of agriculture (including composting and organic pesticides), cassava chip and coconut oil production, construction and stocking of fish ponds and poultry farms, weaving of traditional tais and baskets, and salt manufacturing. Additionally, in 2014, in partnership with the International Organization for Migration (IOM), the Keyhole Gardens Project was piloted in three locations across two districts, which will be broadened in 2015, encouraging families to grow their own nutritious plant food and sell any excess at market.

The overall picture of HIV/AIDS in Timor-Leste suggests that the HIV epidemic may be evolving from low level towards higher HIV prevalence in certain districts and amongst specific high-risk subgroups. In collaboration with the MoH and the Global Fund, CVTL implemented awareness-raising campaigns across eight districts, reaching almost 73,000 individuals. Involving group discussions and role-plays, the campaign sought to facilitate debate and reduce stigma associated with HIV/AIDS, as well as the distribution of printed materials and condoms to raise awareness on the prevention of HIV/AIDS as well as other sexually transmitted infections (STIs). The outreach service provided referral support to attend Voluntary Confidential Counseling and Testing (VCCT) at sexual health clinics to more than 11,000 at-risk individuals as well as encouraging community groups to self-refer to these clinics. Staff and outreach volunteers are trained in both technical aspects of STIs and communication techniques to ensure beneficiary groups were given accurate information and could feel comfortable discussing sexual and risk-taking behaviour.

In collaboration with the National Traffic Police and WHO, CVTL supported the National Road Safety Campaign in May 2011 and has since implemented annual activities to raise awareness and prevent accidents and injuries. The Youth Red Cross were instrumental to the campaign, stationed at strategic locations in Dili armed with stop signs, megaphones and information sheets to educate the public on best practice when using zebra crossings and traffic lights, the dangers of drink-driving and importance of wearing motorcycle helmets. To encourage engagement with the campaign, the poster, brochure and sticker design were chosen through a public competition and a music concert and exhibition was held to coincide with World Road Safety Day.

Goal 2: Save lives, develop preparedness and strengthen recovery from emergencies

OUTCOMES:

- Responded to the humanitarian needs of 17,600 people (8,600 female and 9,000 male) or 3,520 households following natural disasters
- Participated in annual national simulation exercise in collaboration with the government and NGOs
- 426 staff and volunteers trained as members of the National and Branch Disaster Response Teams
- 250 sets of personal safety equipment procured and pre-positioned for use by responses teams
- 3,600 family kits and tarpaulins pre-positioned at national and district levels
- 400 women and baby kits pre-positioned
- 240 shelter tool kits pre-positioned
- Four warehouses and nine shipping containers installed in 13 districts for storing emergency stock
- Two inflatable boats procured for NDRT use
- First Aid service provided at 96 public events
- 71 (24 female and 47 male) CVTL staff and volunteers trained to deliver first aid training
- 1,477 (719 female and 758 male) members of the public, students and government emergency service trained in first aid
- 622 (319 female and 303 male) volunteers trained in first aid
- 68,578 people received awareness on emergency health
- 59,413 people received dengue prevention awareness (2012 & 2014 Dili and Manufahi outbreaks)
- 9,163 people received awareness on avian influenza in 2010/2011
- 800 people participated in the joint clean-up campaign in 8 areas of Dili in 2014
- 2,350 Ebola prevention materials printed
- 29 CVTL staff and volunteers trained in epidemic control
- 33,389 people received information on Restoring Family Links
- 123 new cases opened between 2010-2014; 44 cases closed between 2010-2014
- 57 (1 female and 56 male) migrants were supported with humanitarian services
- 108 staff and volunteers trained in Restoring Family Links

As an auxiliary to the Government, CVTL plays a key role as first-responder in saving lives and restoring livelihoods of people affected by disasters in Timor-Leste, including the provision of emergency water and sanitation, hygiene promotion, protection, shelter, non-food items and livelihoods support. National and branch staff and volunteers conducted needs assessments, distributed relief items, attended coordination meetings with other emergency response actors, and where necessary, assisted evacuation of at-risk communities. CVTL participated in national emergency management planning, including developing inter-agency contingency plans and standard operating procedures (SOPs).

Involvement in national disaster simulation exercises that took place three times between 2010 and 2014 and annual district-level simulations, which coincide with International Disaster Risk Reduction (DRR) Day, is key to the national and district DMC' capacity to respond when required and deliver coherent and rapid response. The installation of four warehouses and nine shipping containers in the 13 district branches facilitates prepositioning of emergency stocks and equipment to ensure CVTL can respond where needed. In 2014, CVTL acquired two inflatable boats for maritime search-and-rescue, and has since conducted week-long training simulations, further strengthening response capacity.

In the five years to 2014, CVTL provided natural disaster emergency response in all 13 districts of Timor-Leste, assisting 17,600 people. Whilst most disaster events during this period were of a small to medium-scale and localised in nature, CVTL maintains their national and branch response capacity to respond to all-levels of disasters through their National Disaster Response Team (NDRT) and Branch Disaster Response Teams (BDRTs). CVTL conducts regular NDRT and BDRT trainings to ensure the readiness of 350 trained staff and volunteers. CVTL's NDRT and BDRTs responded to a severe flooding that occurred in 2013 and affected 27,000 people in seven districts, following from which CVTL supported the community of Suai Loro with a nine-month recovery program.

CVTL Secretary General supports emergency response activities after flash flooding in Liquica District/ IFRC





As part of its national emergency response role, CVTL has positioned itself as the preferred First Aid provider in Timor-Leste in the last five years. Through both the CBHFA program and Commercial First Aid (CFA), CVTL has contributed to a substantial increase in people and communities with knowledge of basic first aid principles and practices. The capacity to administer first aid ensures vulnerable communities are aware and able to respond in emergency situations and save lives.

CFA started in 2011 as part of CVTL's Resource Mobilisation Plan and has since provided training to businesses, INGO's, NGO's and almost 1,500 people in government departments and emergency services. CFA staff and trained volunteers also supported 96 public events with first aid services. Scenario-based training and disaster simulations were held annually to mark World First Aid Day, which aims to build public awareness of the importance of first aid skills

CVTL undertook extensive contingency planning and awareness raising programs to prepare the Timor-Leste public for the possibility of pandemic health emergencies over the last five years. In this period the East Asian avian influenza and West African Ebola outbreaks posed significant risk to world health, while dengue and malaria had direct impact on Timor-Leste. Timor-Leste avoided any cases of either avian influenza in 2011/2012 or Ebola 2013/2014 and 'look-back' studies demonstrated that coordinated health initiatives reduced fatalities and incidence during the 2014 dengue outbreak.

With the MoH, CVTL addressed these threats in all 13 districts, by educating more than 100,000 people about emergency health through door-to-door campaigns, over-the-road banners, radio and television campaigns, community meetings and public service announcements at strategic locations. In tandem with information dissemination, 60 CVTL staff and volunteers received specialised training and worked with hospitals and health centres to ensure systems were in place for identification and management of these diseases including dead body disposal. In addition, during the 2014 Dengue outbreak, CVTL lead an 800 strong joint clean up campaign in eight high-risk areas of Dili to stem the spread.

CVTL's longstanding Restoring Family Links (RFL) program works to facilitate a messaging service between families that have been separated as a result of conflicts and natural disasters. Information campaigns were conducted where 33,389 people received information about the RFL program, 15,000 brochures were distributed and in 2012 radio announcements promoting the RFL program were aired. CVTL also took referrals from external agencies working within the community including police, other NGO's and social services. These activities lead to the opening of 123 new cases in the period between 2010-2014 and investigations saw 44 of these cases resolved, and messages delivered. The RFL program also provided direct humanitarian assistance to 57 migrants separated from their families and to children in orphanages in three districts.

In 2013, CVTL staff, in collaboration with Ministry of Foreign Affairs (MoFA), met with PMI to discuss the situation for many families from Timor-Leste who continue to live in West Timor. Together, CVTL and PMI facilitated communication between families separated between East and West Timor. With support from the ICRC, CVTL and PMI are working to support cross-border visits for children separated during past conflicts.

Goal 3: Strengthen community harmony, tolerance and peace

OUTCOMES:

- 11,087 people were reached through dissemination of Red Cross fundamental principles.
- 109 staff and volunteers trained in dissemination of Red Cross principles
- 23 teachers from 5 districts trained on “exploring humanitarian law”
- 6300 people from NGO, INGO and communities as well as 4,200 people from F-FDTL (military) and PNTL (police) received dissemination on Red Cross principles and humanitarian law
- 3,567 youth participated in CVTL activities as beneficiaries, volunteers and leaders
- 785 (380 female and 405 male) junior and senior youth members recruited in all 13 branches
- 28 (13 female and 15 male) CVTL youth were trained in youth governance and leadership
- 2,289 youth attended healthy youth training
- 1,300 CVTL youth participated in 1 national and 13 district youth assemblies
- 500 CVTL youth volunteers attended the first National Youth Camp in Cribas, Manatuto in 2014
- 300 CVTL youth supported the Ministry of Health’s anti-tobacco smoking campaign
- 13 CVTL branch youth clubs supported with music and sports equipment
- 16 CVTL youth volunteers participate in the red cross exchanges to Japan, Indonesia, and Singapore



300 volunteers supported the National Anti-Tobacco Campaign/CVTL'

The Red Cross fundamental principles are at the core of all CVTL program activities and are actively shared and promoted by staff and volunteers. From 2010-2014, the dissemination program presented an accurate, coherent and consistent message to partners, and beneficiaries alike including workshops, quarterly bulletin, annual calendars, the website and social media (Facebook). The workshop component of this program reached 6,300 people from NGOs and INGOs, and 4,200 military and police personnel. Branches, through volunteer-lead dissemination activities, worked with local communities and authorities, teachers, school and university students, and specific groups such as Martial Arts Groups (MAGs).

Ongoing training on fundamental principles is provided throughout the year to all CVTL staff and as part of their everyday work. An annual week-long training is conducted for staff and active branch and community volunteers that covers all aspects of International Humanitarian Law (IHL), the Red Cross and Red Crescent (RCRC) Movement, fundamental principles, correct usage of the Red Cross emblems and respect for the protective Red Cross sign in the community. The biennial induction for board members and new staff inductions also include specific sessions on the principles and ideals of the Movement.

CVTL aims to identify and advocate for the most vulnerable people in Timor-Leste. The program activities work significantly across the 13 districts to assist communities affected by economic and geographic isolation with poor access to health, education and security. Staff attended and contributed to external meetings and conferences, worked with other NGOs and INGOs to promote and raise awareness about these vulnerable groups and influence change.

CVTL is also empowering groups to advocate for their own needs. Between 2010 and 2014, the Youth Red Cross successfully conducted high impact campaigns about issues specific to themselves and their peers. The MoH National Anti-Tobacco Campaign and the Road Safety Campaign, in conjunction with the National Traffic Police were two influential examples. The Youth Red Cross also worked closely with the State Secretariat of Youth and Sport (SSYS) to develop a representative National Youth Policy. The Ministry of Education (MoE) was also approached to support the Schools Youth Program Pilot, which encourages students to stay in school and attend extra-curricular training.

The 2011 inaugural biennial National Youth Assembly, made up of two youth representatives from each of the 13 districts, one male, and one female, elected a National Youth President who also sits on the National Governing Board of CVTL. 1,300 young people participated in the district and national youth elections, developing essential skills and knowledge in governance, leadership and independence. In 2013, the Youth President attended the International Youth Conference at the biennial RCRC General Assembly in Sydney and together with CVTL's Youth Program Coordinator, the South East Asian Youth Leaders Forum in Brunei.

Through a peer education program, the Youth Red Cross facilitated activities that support active, respectful and healthy lives for young people. The Healthy Youth program that started in 2011, with support from UNICEF, has taught almost 3,000 young people about relationships, confidence and decision-making, leadership in the community, the environment and climate change, drugs and tobacco awareness, road safety awareness (defensive motorcycle riding), conflict and peace building, and conflict resolution. Other Youth Red Cross activities include music, dance, drama, creative workshops, and fundraising activities all contribute to young people that are engaged in their communities and striving to improve the quality of life. In 2014, 500 young people came together at Cribas in Manatutuo District for the inaugural Youth Red Cross Camp, with visiting International Red Cross youth volunteers from Australia, Japan and Indonesia. The event captured the idea of 'Juventude Kontente', to signify the spirit and energy of young people in determining their own positive futures.

Goal 4: Build a strong and sustainable organisation that supports our people and our programs

OUTCOMES:

- 6,619 CVTL staff, volunteer and members were trained in various professional development topics
- 283 volunteers were recognised for their significant voluntary service
- 120 CVTL staff completed child protection training
- 13 Branch Assemblies and 1 National Assembly held including board election
- 15 (3 female and 12 male) new members of the national governing board and two finance commissioners elected
- CVTL revised its statutes and were approved by the National Assembly on 31st July 2014
- 13 branch board orientations were held
- An Organisational Capacity and Certification (OCAC) workshop and self-assessment was conducted in 2014
- 21 Human Resource policies approved by the National Governing board
- Staff medical expenses fund approved by the National Governing board
- New National Headquarters inaugurated, 2nd August 2014
- 11 CVTL branch offices rehabilitated or constructed
- More than \$20,000 USD raised from Commercial First Aid as part of fundraising
- Resource Mobilisation Plan approved and fundraising manager recruited
- 10 CVTL donation boxes installed in key locations
- 6 vehicles and 15 motorbikes sold at auction
- Increased followers on CVTL Facebook page
- Bank accounts opened in each district to support decentralization at branch-level

The Minister of Health, His Excellency Sergio Gama da Costa Lobo, cuts the ribbon as part of CVTL's National Headquarters inauguration/Joao Galamba





Bobonaro Branch Board President, José Marçal da Cruz, casts his vote in 2014 National Assembly Elections/CVTL

Building capacity from within the organisation is of vital importance to the sustainability and strength of CVTL programs. From 2010-2014, CVTL made major strides to strengthen its governance capacities through a sustained program of training and development for its staff, board members, and volunteers. More than 6,600 staff, volunteers and members received training, most completing multiple sessions on a wide range of technical topics aimed at upholding the principles of the RCRC Movement, better governance strategies, financial management and resource mobilisation. CVTL conducted training sessions throughout the 13 districts, ensuring branch board members and branch coordinators undertook their roles to direct and guide the management operations of branches. 75% of volunteers received some formal training beyond their orientation program, and 50% participated in language tuition. As part of this, the branch-administered volunteer policy was completed in 2011, to encourage and support members and coordinators to promote volunteer recruitment and engagement including the introduction of the resource management system (RMS) that streamlined record keeping of branch volunteers and activities.

With support from the IFRC, CVTL undertook an Organisational Capacity Assessment and Certification (OCAC) self-assessment exercise in 2014 in order to capture strategic and technical strengths and areas for improvement. This review saw a renewed focus on Planning, Monitoring, Evaluation and Reporting (PMER), a comprehensive review of CVTL's statutes and revision of all policies, including the provision of medical expense fund for staff, and development of finance capacity building, providing a strong framework for the organisation's continued growth.

This growth also led to the 2014 inauguration of CVTL's new National Headquarters in Bairro Formosa, a building that is significant of CVTL's achievements and demonstrative of its capacity to effect change in vulnerable communities across Timor-Leste. CVTL also rehabilitated 11 branch offices. Additional storage space for emergency equipment was also provided to branches in order to increase capacity and responsiveness to disasters and bank accounts were opened in all 13 districts to facilitate transactions.

To keep up with program and capacity expansion, CVTL launched a Resource Mobilisation Plan, developed and approved by the National Governing Board in early 2014 and is now in the process of implementation. Major components of this plan include decentralisation of fundraising activities to encourage branches to be self-sustaining, the development of CFA and the tent rental service as capital raising ventures. Fundraising focused efforts on direct donations through 10 donation boxes placed at strategic locations, annual events and appeals.

The Communications Department has expanded the scope of its promotional activities. It completed a Communications Strategy and conducted workshops to familiarise staff with the strategy. An email system using a *redcross.tl* domain has been rolled out including staff training on usage. In 2014, CVTL adopted a communications policy establishing a guiding framework for CVTL communications undertaken at individual, branch and national levels. The function of this policy is to guide communications through a variety of media – television, radio, electronic as well as print media. Through such media, CVTL aims to raise awareness on humanitarian issues, share accurate information with the community and the wider public, increase CVTL's profile, extend the reach of CVTL's fundraising and commercial first aid activities, promote CVTL as a key player in first aid, promote disaster preparedness and response activities, disaster management and public health, and promote the fundamental principles of the RCRC Movement and IHL.

Since 2013 CVTL has adapted its approach to take full advantage of emerging digital and online mediums to disseminate information, promote the national society and present its message. An official *Cruz Vermelha de Timor-Leste* Facebook page has been established, is frequently updated with CVTL's activities, and provides the main vehicle to share information publically due to the platform's popularity and reach to both domestic and international audiences. The current website is currently undergoing a remodification to showcase CVTL's work throughout Timor-Leste over the last 14 years.

The annual Red Dress Run raises vital funds for CVTL's life saving projects across Timor-Leste/CVTL



Youth volunteers in traditional dance dress perform at biennial National Youth Assembly/CVTL



Financial Statements

CRUZ VERMELHA DE TIMOR LESTE INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2010

	Note	2010 \$	2009 \$
Revenue	2	1,978,674	1,981,889
Program costs		(1,469,284)	(1,242,361)
		<u>509,390</u>	<u>739,528</u>
Other income	2	56,443	159,694
Administration expenses		(430,369)	(396,788)
Excess of revenue over disbursements		<u>135,464</u>	<u>495,541</u>
Surplus		<u>135,464</u>	<u>495,541</u>

The accompanying notes form part of these financial statements.

CRUZ VERMELHA DE TIMOR LESTE STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 31 DECEMBER 2010

	Note	2010 \$	2009 \$
Excess of revenue over disbursements		135,464	495,541
Other comprehensive income:			
Other comprehensive income for the year, net of tax		-	-
Total comprehensive income for the year		<u>135,464</u>	<u>495,541</u>
Total comprehensive income		<u>135,464</u>	<u>495,541</u>

The accompanying notes form part of these financial statements.

CRUZ VERMELHA DE TIMOR LESTE STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2010

	Note	2010 \$	2009 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	4	735,809	572,076
Trade and other receivables	5	32,517	13,901
TOTAL CURRENT ASSETS		<u>768,326</u>	<u>585,977</u>
NON-CURRENT ASSETS			
Property, plant and equipment	6	2,359	12,493
TOTAL NON-CURRENT ASSETS		<u>2,359</u>	<u>12,493</u>
TOTAL ASSETS		<u>770,685</u>	<u>598,470</u>
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	7	92,299	55,548
TOTAL CURRENT LIABILITIES		<u>92,299</u>	<u>55,548</u>
NON-CURRENT LIABILITIES			
TOTAL NON-CURRENT LIABILITIES		<u>-</u>	<u>-</u>
TOTAL LIABILITIES		<u>92,299</u>	<u>55,548</u>
NET ASSETS		<u>678,386</u>	<u>542,922</u>
EQUITY			
Funds available for future use		678,386	542,922
TOTAL EQUITY		<u>678,386</u>	<u>542,922</u>

The accompanying notes form part of these financial statements.

**CRUZ VERMELHA DE TIMOR LESTE
 INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2011**

	Note	2011	2010
		\$	\$
Revenue	2	1,803,867	1,503,562
Program costs		<u>(1,478,039)</u>	<u>(1,469,284)</u>
		325,828	34,278
Other income	2	70,830	56,443
Administration expenses		<u>(419,098)</u>	<u>(430,369)</u>
Excess of revenue over disbursements		<u>(22,440)</u>	<u>(339,648)</u>
Surplus/(deficit)		<u><u>(22,440)</u></u>	<u><u>(339,648)</u></u>

The accompanying notes form part of these financial statements.

**CRUZ VERMELHA DE TIMOR LESTE
 STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 31 DECEMBER
 2011**

	Note	2011	2010
		\$	\$
Excess of revenue over disbursements		(22,440)	(339,648)
Other comprehensive income:			
Other comprehensive income for the year, net of tax		-	-
Total comprehensive income for the year		<u>(22,440)</u>	<u>(339,648)</u>
Total comprehensive income		<u><u>(22,440)</u></u>	<u><u>(339,648)</u></u>

The accompanying notes form part of these financial statements.

**CRUZ VERMELHA DE TIMOR LESTE
 INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2012**

	Note	2012	2011
		\$	\$
Revenue	2	1,914,861	1,803,867
Program costs		<u>(1,568,168)</u>	<u>(1,478,039)</u>
		346,693	325,828
Other income	2	61,369	70,830
Administration expenses		<u>(342,767)</u>	<u>(419,098)</u>
Excess of revenue over disbursements		<u>65,295</u>	<u>(22,440)</u>
Surplus/(deficit)		<u><u>65,295</u></u>	<u><u>(22,440)</u></u>

The accompanying notes form part of these financial statements.

**CRUZ VERMELHA DE TIMOR LESTE
 STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 31 DECEMBER
 2012**

	Note	2012	2011
		\$	\$
Excess of revenue over disbursements		65,295	(22,440)
Other comprehensive income:			
Other comprehensive income for the year, net of tax		-	-
Total comprehensive income for the year		<u>65,295</u>	<u>(22,440)</u>
Total comprehensive income		<u><u>65,295</u></u>	<u><u>(22,440)</u></u>

The accompanying notes form part of these financial statements.

CRUZ VERMELHA DE TIMOR-LESTE
INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2013

	Note	2013 \$	2012 \$
Revenue	2	1,959,872	1,914,861
Program costs		<u>(1,207,414)</u>	<u>(1,568,168)</u>
		752,458	346,693
Other income	2	81,883	61,369
Administration expenses		<u>(455,878)</u>	<u>(342,767)</u>
Excess of revenue over disbursements		<u>378,463</u>	<u>65,295</u>
Surplus/(deficit)		<u>378,463</u>	<u>65,295</u>

The accompanying notes form part of these financial statements.

CRUZ VERMELHA DE TIMOR-LESTE
STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 31 DECEMBER 2013

	Note	2013 \$	2012 \$
Excess of revenue over disbursements		378,463	65,295
Other comprehensive income:			
Other comprehensive income for the year, net of tax		-	-
Total comprehensive income for the year		<u>378,463</u>	<u>65,295</u>
Total comprehensive income		<u>378,463</u>	<u>65,295</u>

The accompanying notes form part of these financial statements.

CRUZ VERMELHA DE TIMOR-LESTE
STATEMENTS OF FINANCIAL POSITION
AS OF DECEMBER 31, 2014 AND 2013

	Notes	2014	2013
Assets			
Current assets			
Cash on hand and in banks	3	USD 1,005,189.84	USD 793,901.20
Working advances	4	4,146.83	9,847.00
Other receivable	5	4,343.39	-
Total current assets		<u>USD 1,013,680.06</u>	<u>USD 803,748.20</u>
Noncurrent assets			
Fixed assets	6	320,935.55	346,850.13
Total noncurrent assets		<u>USD 320,935.55</u>	<u>USD 346,850.13</u>
Total Assets		<u>USD 1,334,615.61</u>	<u>USD 1,150,598.33</u>
Liabilities and Net Assets			
Current liabilities			
Accrued severance costs		USD 131,080.64	USD 99,821.28
Branch membership fee	7	24,651.46	6,180.49
Other payables	8	479,756.72	412,404.35
Accrued expenses	9	8,000.00	7,600.00
Vehicle replacement account		23,021.18	24,142.00
Total current liabilities		<u>USD 666,510.00</u>	<u>USD 550,148.12</u>
Net assets		<u>USD 668,105.61</u>	<u>USD 600,450.21</u>
Total Liabilities and Net Assets		<u>USD 1,334,615.61</u>	<u>USD 1,150,598.33</u>

CRUZ VERMELHA DE TIMOR-LESTE
STATEMENTS OF ACTIVITIES
FOR THE YEARS ENDED DECEMBER 31, 2014 AND 2013

	Notes	2014	2013
Operating revenues			
International donations	10	USD 2,397,407.44	USD 2,160,870.38
Services		72,844.40	38,039.44
Membership fees		311.80	283.38
Rental Income		60,210.00	37,940.00
Interest		549.36	551.00
Asset sales		11,275.00	500.00
Other income		323,923.83	102,588.01
		USD 2,866,521.83	USD 2,340,772.21
Total operating revenue (See annex I)			
Operating expenses			
Shelter and constructions		USD 202,109.53	USD -
Water and sanitation		288,256.91	157,397.03
Medical and First Aid		21,111.00	11,207.85
Foods		10,483.40	6,319.80
Other supplies and services		331,749.66	21,263.33
Others		4,544.45	1,360.00
Transport and vehicles	11	483,563.99	367,060.93
Staff	12	673,382.85	629,231.82
Travelling	13	61,099.99	52,610.79
Consultants		1,559.90	13,196.23
Workshop & training	14	203,651.86	159,172.49
Information	15	65,945.04	59,889.49
Professional Fee	16	8,600.00	9,728.42
Federation Membership Fee		2,159.16	1,448.00
Communication	17	46,215.73	45,316.27
General administration	18	144,462.00	256,703.55
Depreciaton		32,364.58	2,208.00
Financial Charges		8,279.06	14,171.30
Utensil & tools		5,455.89	1,557.00
Office equipment and vehicle		15,392.25	17,715.75
Fleet expense		10,630.25	4,175.00
Indirect cost		177,848.93	130,576.03
		USD 2,798,866.43	USD 1,962,309.08
Total operating expenses (See annex I)			
Increase in net assets		USD 67,655.40	USD 378,463.13

See accompanying notes to financial statements which form an integral part of the financial statements.

Acronyms and abbreviations

AIDS	Acquired Immune Deficiency Syndrome
BDRT	Branch Disaster Response Team
CBHFA	Community Based Health and First Aid
CFA	Commercial First Aid
CVTL	Cruz Vermelha de Timor-Leste
DM	Disaster Management
DMC	Community Disaster Management Committee
DRR	Disaster Risk Reduction
EWS	Early Warning System
GMF	Water-Management Groups
HIV	Human Immunodeficiency Virus
ICBRR	Integrated Community-Based Risk Reduction
ICRC	International Committee of the Red Cross
IFRC	International Federation of Red Cross and Red Crescent Societies
IHL	International Humanitarian Law
INGO	International Non-Governmental Organisation
IOM	International Organisation for Migration
MoE	Ministry of Education of the Timor-Leste Government
MoFA	Ministry of Foreign Affairs of the Timor-Leste Government
MoH	Ministry of Health of the Timor-Leste Government
NDRT	National Disaster Response Team
NGO	Non-Governmental Organisation
OCAC	Organizational Capacity Assessment and Certification
OD	Organisational Development
PMER	Planning, Monitoring, Evaluation and Reporting
PMI	Indonesian Red Cross
PNTL	National Police Force of Timor-Leste
RCRC	Red Cross and Red Crescent
RFL	Restoring Family Links
SOP	Standard Operating Procedures
STI	Sexually Transmitted Infection
Suco	The smallest unit of local government
Tais	A traditional hand-woven fabric used in ceremonies and as gifts
VCA	Vulnerability and Capacity Assessment
VCCT	Volunteer Confidential Counseling and Testing
WHO	World Health Organisation

National Governing Board (CDN) elected for the period 2010-2014

President:	Dr. Benjamim de Araújo e Corte-Real
Vice President:	Dr. Manuel Tilman
Secretary, CDN:	Virgílio da Silva Guterres
Chairperson, CFN (2014):	Catarina Ximenes da Conceição

Members, CDN:

Dr. Aurélio Guterres
Dr. Sérgio Gama da Costa Lobo
José Manuel Gomes Guterres
Gregório Saldanha
Francisco Gusmão Dias Ximenes
Augusto dos Santos Marques.
Lígia Correia Calçona

Rotating members (2010-2012)

Egídio Carceres de Oliveira
Paulo Soares Ximenes
Daniel Sarmento Soares
José Marçal Godinho

Rotating members (2012-2014)

Marçal Freitas Magno
Domingos Martins
Augusto Pires
David Lino da Costa Prego

Youth Red Cross:	Ezequiel do Carmo Martins
-------------------------	---------------------------



*Just two of the many beneficiaries
of the Hohorai, Manatuto District,
water supply system/Emma Charlston*

Partner Organizations

CVTL would like to thank all of its partners for their support:

- Alistair Henley Memorial Fund
- AusAID
- Australian Red Cross
- Austrian Red Cross/European Union
- Ballarat Friends of Ainaro
- Conoco Philips
- DWASH
- European Commission Humanitarian Aid and Civil Protection - Disaster Preparedness Program (DIPECHO)
- Finnish Red Cross
- Global Fund
- Groundwater for People
- International Committee of the Red Cross (ICRC)
- International Federation of Red Cross & Red Crescent Societies (IFRC)
- International Organisation for Migration (IOM)
- Japan Embassy of Timor-Leste
- Japanese Red Cross
- Korean Red Cross
- New Zealand Red Cross
- Norwegian Red Cross
- Oxfam Australia
- Indonesia Red Cross
- Republica Democratica de Timor-Leste
- RWSSP (Rural Water Supply and Sanitation Project)
- Spanish Red Cross/Agencia Española de Cooperación Internacional para el Desarrollo (AECID)
- Thai Red Cross
- DFID
- UNICEF
- World Health Organization (WHO)

Volunteer participates in CVTL Annual Appeal, collecting vital donations for CVTL's life saving projects across Timor-Leste /CVTL



CVTL nation-wide network



The Fundamental Principles of the International Red Cross and Red Crescent Movement

Cruz Vermelha de Timor-Leste is guided in its work by the Fundamental Principles of the International Red Cross and Red Crescent Movement and by international humanitarian law.

Humanity The International Red Cross and Red Crescent Movement, born of a desire to bring assistance without discrimination to the wounded on the battlefield, endeavours in its international and national capacity, to prevent and alleviate human suffering wherever it may be found. Its purpose is to protect life and health and to ensure respect for human life. It promotes mutual understanding, friendship, cooperation and lasting peace amongst all peoples.

Impartiality It makes no discrimination based on nationality, race, religious belief, class or political opinions. It endeavours to relieve the suffering of individuals, being guided solely by their needs, giving priority to the most urgent cases of distress.

Neutrality In order to continue to enjoy the confidence of all, the Movement may not take sides in hostilities or engage at any time in controversies of a political, racial, religious or ideological nature.

Independence The Movement is independent. National Societies, while auxiliaries in the humanitarian services of their governments and subject to the laws of their respective countries, must always maintain their autonomy so that they may be able at all times, to act in accordance with the principles of the Movement


Voluntary Service It is a voluntary relief movement not prompted in any manner by desire for gain.

Unity There can be only one Red Cross or one Red Crescent Society in any one country. It must be open to all. It must carry on its humanitarian work throughout its territory.

Universality The International Red Cross and Red Crescent Movement, in which all Societies have equal status and share equal responsibilities and rights in helping each other, is worldwide.



Rua. Jacinto Cândido,
Bairro Formosa, Dili, Timor-Leste
www.redcross.tl
info@redcross.tl

 **Follow us on Facebook**