

6 Cholera kit

OVERVIEW



When a cholera outbreak occurs, the National Society can request a cholera kit to help treat patients and prevent the disease from spreading.

What is a cholera kit?

→ The cholera kit is made up of two modules:

Module 1 is for you (**volunteers**) and will teach you how to help with a cholera epidemic. It will also teach you how to provide clean water and disinfectants and how to administer oral rehydration solution (ORS) to affected children.

Module 2 is for use in treating cholera (**used by health authorities**).

How to use Module 1 (for volunteers)

- Mix 10 packets of ORS in 10-litre buckets of water. The mixing rate should be 1 packet of ORS to 1 litre of boiled or purified water.
- Use only boiled or purified water. If the water is unsafe, start by treating it with water purification tablets (1 tablet for each 10 litres of water).
- Do not put more ORS in the boiled or purified water than is recommended.
- Keep the buckets covered to protect the mixture against contamination by flies, etc.
- If you still have some ORS mixture left at the end of the day, GET RID OF IT!
- Distribute ORS to patients but also arrange visits to the patients by a health professional. This should be done urgently if the person shows any evidence of dehydration.
- Use the latex gloves provided when you are in contact with patients, their stools or vomit.
- Use the household gloves when you are in contact with phenols or cresols, i.e. when using Kohrsolin (a concentrated disinfectant).
- Kohrsolin is **ONLY** to be used as a disinfectant, in diluted form, to disinfect floors, buckets, surgical instruments, linens, etc. It must **NOT** be used to sterilize water.

Remember

- Wash your hands regularly (*action tool 13*).
- Early and prompt treatment can prevent death from cholera in most cases.

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Contents of cholera kit, Module 1 (for volunteers)

ORS	3,000 packets
Jugs with lid, beak, handle and graduation marks, 1 litre	20 pieces
Cups, plastic 250ml	200 pieces
Soap, 100g unscented wrapped	300 pieces
Plastic box for soap	20 pieces
Buckets, plastic, 10 litres with lid and handle	20 pieces
Ladle 250ml, stainless steel	20 pieces
Container, 10 litres collapsible with tap	20 pieces
Gloves, examination non-sterile (medium)	500 pieces
Gloves, examination non-sterile (large)	100 pieces
Household gloves, size 7 reusable	15 pairs
Kohrsolin (concentrated disinfectant), 5 litres	4 bottles
Water purification tablets for 10 litres of water	1,200 tablets
PUR sachet for turbid water	1,200 packets
Pool tester + accessories	1
Tablet DPD1 for dosing free chlorine	100 tablets
Tablet DPD3 for dosing total chlorine	100 tablets
Tablet Red Phenol for total PH	100 tablets